

The Comprehensive Rules & Regulations



Of the British Wadokai Karate-do Federation 英国和道会空手道連盟 – 本部道場

Valid from 1st January 2022 (Amendment Version-3)

FEDERATION PRESIDENT
TECHNICAL DIRECTOR & CHIEF INSTRUCTOR
Gary E Swift (8th Dan) Hanshi

British Wadokai is a Full-Member of the
British Wado Federation & International Wado Federation



EXPLANATIONS, REGULATIONS AND INFORMATION For Full and Provisional Members of British Wadokai/British Wado Federation

The *International Wado Federation* is the only World Governing Body/Alliance of British Wadokai

British Wadokai is run on an autocratic system, which is run by a President/Chief Instructor and assisted by the process of an Executive & Technical Committee.

Note: To ensure the 'ethos' of the Federation remains consistently for the benefit of British Wadokai Members, the President has the authority to include facilities, adjustments as & when required. The Committee may suggest/propose various executive changes; however, these must be forwarded to the Chairman to be considered at the relevant Annual General and/or Emergency Meeting/s.

To ensure that Committee Members are not 'agenda driven', membership to the BWK Committee will only be accepted from members who *DO NOT* belong to, *or involved with*, any other Governing Body, Controlling Body, or Karate/Sporting Organisation of any kind, outside of the International Wado Federation.

The following Rules & Regulations are based on the original Constitution of Sensei Tatsuo Suzuki 8th Dan Hanshi with some additional elements from the Rules & Regulations of the JKF-Wadokai Japan. For the benefit of the British Wadokai Constitution, British Wadokai will be herewith referred to as BWK. Committee positions are for a 3-year term.

1. THE BWK PRESIDENT

The President/Director of BWK is the BWK Chief Instructor GE Swift Hanshi.

In the event of absence (whether temporary or permanent) of the BWK President all *technical control* will be instantly handed to the Assistant Chief Instructor/Vice President. Administrative control will be handed over to the British Wadokai General Secretary for distribution amongst the available BWK Committee. All financial responsibilities and administration will be carried out by the BWK Treasurer.

In the event of an emergency:

- a. The BWK Executive Vice President shall assume control of all Executive Committee affairs of BWK, *whether temporary or permanent*.
- b. The Assistant Chief Instructor shall assume control of all the technical affairs of BWK, *whether temporary or permanent*.
- c. All financial affairs will be under the control of the BWK Treasurer.
- d. Executive and Technical Committee positions are honorary & unpaid; members generously give their time freely.

2. PATRONS OF BRITISH WADOKAI

Patrons of British Wadokai, through Royal Appointment: HRH Princess Linda Tomislav Karageorgevitch 2nd Dan and HRH Prince George Karageorgevitch 1st Dan.





3. THE EXECUTIVE COMMITTEE (2021-2022)

Chairman: Oren Teichmann (4th Dan) Tashi.

Responsibilities: Oversee and assist all 'extra' activities & events of British Wadokai. Do all other such things, related to the position, required to assist in the smooth operation and running of British Wadokai.

Vice Chairman: Vacant.

Responsibilities: To assist the Chairman in the smooth running of his activities. Do all other such things, related to the position, required to assist in the smooth operation and running of British Wadokai.

Administration Officer: Vacant. Gary Swift Hanshi Acting Administration Officer.

Responsibilities: To assist with all the administrative affairs of BWK.

Activities Director & Officers: Vacant. Gary Swift Hanshi Acting Activities Director.

Responsibilities: Organise and administer events as & when required, such as competition, regional events, the organisation of the British Wadokai National Championships, etc. Do all other such things, related to the position, required to assist in the smooth operation and running of British Wadokai.

Website Director: Peter Collier 1st Dan.

Responsibilities: Creating and maintaining the websites on behalf of British Wadokai, British Wado Federation and the International Wado Federation (including a 'page presence' for the European Wado Federation).

Academia Director: Vacant. Gary Swift Hanshi Acting Academia Director.

Responsibilities: Administering & overseeing the formula, marking and content for all levels of the official BWK Yūdan Hikki Shiken (written examinations) throughout the United Kingdom. Written examinations to be available for all 1st, 2nd & 3rd Dan levels.

Regional Academia Assessors: Elizabeth Rayman Shodan, Richard House Godan, Mark Lawrence Yodan, Mike Rapley Kyoshi.

*Responsibilities: The running & control of the official BWK Black-belt written examinations; upon receipt of the official Yūdan Examination Application Form from the applicant. Examinations **must be** conducted in a correct pre-arranged 'examination controlled environment', under examination conditions, for the required time-period of the Black-Belt Written Examination/s (usually 90-minutes). Venues must be suitable and adequate for the required tests taking into consideration all applicants' requirements, etc. Applicants must be under the supervision of the Academia Assessor at all times during the written examination process. Assessors should have possession of a stop-watch and control the time of the examination on a strict time basis. Information of venue, dates and times must be sent to the Chief Examiner; so as the necessary information can be promoted and relayed on the Date Section for all expected (and ongoing) national as well as regional applicants. Expenses will be taken from the British Wadokai funds. The Academia Assessor will also mark papers and send the results to the Chief Examiner at least one-week prior to the arranged Practical Yūdan Assessment. Do all other such things, related to the position, required to assist in the smooth operation and running of British Wadokai within the designated region.*

Regional/Associate Chief Instructors/Examiners: Gary E Swift Hanshi (Wadokai-South & West/BWK-Honbu), Ian Hunter (8th Dan) Kyoshi (operating under the BWK-Honbu as Wadokai-Southeast), Michael Rapley (8th Dan) Kyoshi (operating as an Associate Member of the BWK-Honbu, as Wadokai-North/Northeast).

Responsibilities: Organise and administrate all activities, through a created regional committee, for such things related to the smooth running of the required Regional Standardisation Courses, Open/Closed Regional Wadoryu Courses, Regional Yūdan Shinsa, Regional Competitions, etc. Do all other such things, related to the position, required to assist in the smooth operation and running of British Wadokai within each designated region. Regional Committees are not 'controlling regional committees' but operate as a 'supporting facility network' within the region.

Regional Committees: To assist the Regional Chief Instructor in their efforts to offer regional facilities and support for the overall benefit of British Wadokai members.



Responsibilities: Support the Regional Chief Instructor in the organisation and administration of all activities, required for such things related to the smooth running of regional Standardisation Courses, Open/Closed Regional Wadoryu Courses, Regional Yūdan Shinsa, Regional Competitions, etc. Do all other such things, related to the position, required to assist in the smooth operation and running of British Wadokai within each designated region. Regional Committees are not 'controlling regional committees' but operate as a 'supporting facility network' within the region.

Legal Officer/s: Elizabeth Rayman 1st Dan and Neil Bennett 2nd Dan.

Responsibilities: Ensure that all the necessary legal implications are correctly in place for the protection of British Wadokai, BWK Committees, Instructors and all Registered & Licenced Members.

Child Protection Officer/s: Elizabeth Rayman 1st Dan.

Responsibilities: Ensure the necessary implementations are in place for the safeguarding of young and vulnerable people within membership of British Wadokai. Do all other such things, related to the position, required to assist in the smooth operation and running of British Wadokai.

CRB/DBS Officer: Under BWF control, through governmental links via the BWF website.

Responsibilities: Ensure that the CRB/DBS facilities are available to all members of British Wadokai. Do all other such things, related to the position, required to assist in the smooth operation and running of British Wadokai.

4. THE TECHNICAL COMMITTEE

Chief Instructor/Technical Director: Gary E Swift Hanshi.

Assistant Chief Instructor & Assistant Technical Director: Ian Hunter (8th Dan) Kyoshi.

Senior Technical Assessor (Southeast): Ian Hunter (8th Dan) Kyoshi.

BWK-Associate Chief Technical Assessor (North/Northeast): Michael Rapley (8th Dan) Kyoshi.

The Technical Yūdan Shinsa Panel may also be assisted by 'Assistant Assessors': Qualified & Designated Yūdansa of 5th Dan & above.

NB. Assistant Assessors would not be involved in any way within the BWK Technical Committee.

The Executive Technical Committee will be made up of all Direct Member Yūdansa of 5th Dan & above and under the direct responsibility of the BWK President.

The duties of the ETC will include, *but are not limited to:*

- The overview and control of the inherited historic technical standards, as handed down by Ohtsuka Hironori Ohtsuka Meijin and Tatsuo Suzuki Hanshi, within BWK.
- Monitor the progress and implement/advise, where invited and/or necessary, the promotion of Yūdansa of 4th Dan & above within the BWK.
- Involved with the infrastructure (both political and technical) within BWK.
- The organisation and promotion of the British Wadokai Standardisation & Advancement Courses.
- To facilitate the organisation of the British Wadokai Yūdan Shinsa.
- Have the welfare of BWK and BWK Members as the prime directive.

NB: Due to geographical reasons British Wadokai Full Meetings, which will include members of both BWK Executive & Technical Committees, will be held every three years, on or around the 6th of April. Various reports will be distributed, electronically, as & when required, etc.

5. REGIONAL COMMITTEES (ASSOCIATE AFFILIATIONS)

An Associate Affiliation Regional Committee will run independently (with the exception of licencing and grade registration, etc.) from BWK and are fully responsible, for their own region; especially for the benefit of organising local & regional activities. The Regional Committee may* be responsible for all Administration and Maintenance of BWK Clubs within their own Region; this would include (although not limited to) the organisation of Regional Competitions, Courses, Yūdan Shinsa, administration and acceptance of potential high-graded membership, etc. *Associate Affiliations would also be operating independently from the BWK-Honbu.*



- a. Set up Regional Yūdan Shinsa Panel. (Venue and travelling costs will be met by the duly elected Regional Committee.) All payments from participants to be made payable to the relevant Regional Chief Examiner/Committee.
- b. Designated Regional/Associate Chief Instructors (1 per region) must hold a rank of no less than 8th Dan and are permitted to grade/award ranks up to & including their own grade. *See further for Regional Chief Instructors.*
- c. Organise venue/s for any Regional BWK Standardisation/Advancement Courses.
- d. May organise, for regional fund-raising, Regional Competitions & Courses, etc.
- e. Liaise with other Regional Committees for the benefit of Multi-Regional or National Events, etc. A Liaison Officer may be appointed, by various Regional Committees, to retain cohesion in these circumstances.
- f. Suggestions for additions/amendments to the BWK Rules & Regulations are only accepted from BWK Club Instructors (of Sandan & above) and must initially go through the Regional General Secretary for consideration by the Regional Committee. If the amendment-suggestion is accepted by the Regional Committee then at the following UK-AGM it may be brought forward to the BWK Executive Committee for due consideration.
- g. There will only be 'Suggestions for Additions' accepted for 'Executive' level and/or policy NOT Technical or Syllabus; as Technical and Syllabus implementations will remain intact and under the protection of the BWK President.
- h. Only the BWK Technical Director/President (BWK-Honbu) has the authority to change the Technical Syllabus and/or Grading Procedures.

NB: The cohesion of each region is the responsibility of each Regional Associate Chief Instructor and Associate Committee.

*** The choice of 'regional control' will be the choice and decision of the various BWK clubs & instructors within the UK. For example, a club (for various reasons of their own) may wish not to be under an associate 'geographical regional control', but may seek membership under another region; or simply within direct membership of British Wadokai & BWK-Honbu, etc.**

Wadokai South & West.

BWK-Honbu Chief Instructor/Examiner (South & West).

The Chief Instructor/Examiner of BWK-Honbu & England-South & West will be Gary E Swift Hanshi (assisted by Ian Hunter (8th Dan) Kyoshi).

Associate Senior Instructor/Examiner (Southeast).

The Associate Chief Instructor/Examiner of Wadokai Southeast will be Ian Hunter (8th Dan) Kyoshi (assisted by Gordon Hoare (7th Dan) Renshi).

Wadokai-Southeast operates under the BWK-Honbu within Wadokai South & West.

Wadokai North/Northeast.

Associate Chief Instructor/Examiner (Northeast).

The Associate Chief Instructor/Examiner of Wadokai-Northeast will be Michael Rapley (8th Dan) Kyoshi.

NB: Designated Associate [Independent Regional] Chief Instructors may grade/award Yūdan ranks up to & including their own grade within their own designated regions.

6. MEMBERS & INSTRUCTORS

- (a) *Direct Individual Members* of BWK shall be directly controlled by the BWK-Honbu and President. (This will include the control of the BWK Syllabus, Grade Structure, Licence Control, Insurance etc.). Direct Members must be part of a BWK Club/Group. Direct Individual Members will be part of a registered BWK Club/Group.
- (b) *Full Members* and/or Instructors are 'Full BWK Members' and cannot be responsible, in any form, with another independent autonomous Wado practising group; due to obvious conflict of interests with BWK.
- (c) *Honorary Members* of BWK will only have the *privilege* of 'Honorary Membership' and will not be a member of a registered BWK Club/Group, which would be under the regulations of the BWK Constitution. Honorary Members may also have 'visitor's accesses' to clubs and training



facilities available within the BWK. Honorary Members may not be part of the BWK direct, or be in membership to an officially registered BWK Club/Group, so would not be under the responsibility of the BWK.

- (d) *Associate Members*. Please see Section-5 above.
- (e) BWK Members must not be part of another martial-arts committee, of any other autonomous group, that has its own Syllabus, Constitution or Rules & Regulations, due to obvious conflict of interests with BWK.
- (f) All Members (including Associate & Full) must be in possession of a BWK Licence only, which must be attained within 3-weeks of starting (safe/restricted training will be free until a licence/insurance has been issued). **NB: It is forbidden by LAW to train in a Dojo without adequate insurance.**
- (g) No officer, representative or member of BWK may represent, be a member of, or officiate for any other karate group, association, federation or organisation purporting to practise karate in the UK or abroad. NB: There may be allowable conditions and circumstances for other IWF groups, please consult the BWK Committee for clarification.
- (h) Members must not be in membership to any other affiliation outside of BWK. It is against all International Sport Karate Rules & Regulations to 'double-licence'. **NB: It is forbidden, under certain 'International Sport Karate Governing Bodies & Regulations', to double-licence.**
- (i) There are NO liability insurance restrictions for minimum or maximum age of membership.
- (j) Students may be of any age and would only be restricted by the relevant instructor/club, etc.
- (k) Members must be in a condition of sufficient health appropriate for the requirements of regular training. All Members (*especially those over the age of 40*) are heavily advised to have a Medical Examination BEFORE commencing into any physical activity within the BWK.
- (l) Students must be in good health, with no detrimental pre-existing illness/es or injuries.
- (m) Members will be refused training if the Instructor considers that the health and well-being of any member is at risk.
- (n) No member will be allowed to train if considered to be under the influence of drugs or alcohol.
- (o) Members must have possession of [and use] an up to date BWK Licence/Grade Record Book, British Wadokai Club & Course Attendance Record Card (or club equivalent), and proof of National Insurance cover within **THREE WEEKS** of starting, and **PRIOR TO, regular** Dojo training.
- (p) All BWK Instructors are responsible for their own Dojo & participants. **NB: Club & Instructor Insurance is INVALID if any participant is practising within the Dojo without adequate insurance.**
- (q) All participants, including any training-guests, visiting instructors and/or visiting students, must have possession of BWK Insurance (either temporary or annual cover through a BWK Licence). *See BWK Website for licence forms and temporary membership-insurance application forms, etc.*
- (r) All BWK Members have the right to train and Kyū-grade at any BWK Club he/she so wishes, so long as the initial respects, etiquettes and requirements (club attendances, instructor authorisation, etc.) have been followed and implemented.
- (s) Once accepted BWK Licenced Members are not recognised to grade outside of BWK.
- (t) Upon acceptance, members must hold an up to date BWK Licence **AT ALL TIMES** whilst in the Dojo environment.
- (u) Depending on original source, all previously awarded karate grades (Dan & Kyū) will be accepted, or accepted on an 'honorary' basis. New Members joining from another organisation or club will have their grades accepted by BWK.
- (v) Upon Licence Application acceptance the grade will be 'stamped' at the relevant grade level with



the *generic Wado registration stamp*.

This 'stamp' symbolises and entitles the member to 'honorary status', at their present rank, until full grade registration has been accepted and approved. Club Instructors must ensure that all accepted *pre-graded* members are updated to their relevant syllabus level prior to any advancement (minimum 6-months for Kyū level and 12-months for Yūdansha). Grade progression, from the member's present grade, can commence once all these implications have been addressed and in place.

- (w) Club Instructors joining from other organisations will be accepted; but will have to undergo regular Standardisation Course attendances before being accepted fully as BWK Examiners.



- (x) Certain cultures and religions may *restrict* participation in traditional Wadoryu Karate, due to the traditional bowing etiquettes required; students must consider this before regular training within a British Wadokai Karate Dojo; *as all participants will be required to show the required necessary respect through mutual bowing and traditional dojo-rei.*

NB: All BWK-UK Licences include full British Wado Federation National Governing Body Membership, National Insurance Public & Person to Person, Instructor Liability (where applicable) and Club/Public Liability Cover for Individuals. Cover does not include interaction with organisations, individuals and clubs outside of BWK/IWF.

7. AFFILIATED BWK CLUBS

- (a) All BWK-Honbu [controlled] Instructors & Clubs will be in Direct Membership to British Wadokai and the British Wadokai Chief Instructor.
- (b) All Clubs must train in traditional Wadoryu Karate-do; as strictly promoted within the BWK, or intend to do so within 12 months of application acceptance.
- (c) All Clubs will run individually under the 'registered' Licensed BWK Instructor for that Club but must be teaching the official BWK Grade Syllabus and Technical Standards at all times.
- (d) All Clubs must be run by a Licensed BWK Instructor of at least Shodan and be of at least 18 years of age.
- (e) The BWK Instructor has sole responsibility **on all levels** of protection and care for individual members under his direction and tutelage.
- (f) All BWK Instructors are responsible for their own Dojo & participants. All participants, including any guests, visiting instructors and/or students, must have possession of BWK Insurance (either temporary or annual cover through a BWK Licence). *See BWK Website for licence forms and temporary membership application forms, etc.*
- (g) The choice of membership within the club is the sole responsibility & decision of the registered Leading Instructor of the Dojo. The Instructor can recruit, suspend, and expel any member of his club for whatever reason as he feels necessary. Club members can be expelled immediately for any justified reason (example reasons (although not exhaustive) of suspension and expelling would include breach of Dojo Rules, bad etiquette, attitude, continual lateness, bad language, etc.).
- (h) All Clubs must have adequate Insurance cover, through fully licenced membership, with Insured Registered & Licensed BWK Instructor/s in the running and control of all Club affairs.
- (i) Each Club must have a minimum of 2 registered officers (i.e. Instructor, Assistant Instructor/Club Secretary, etc.) present at all times.
- (j) Each Club must have at least one 1st Aid qualified member (acting Covid-19 Officer) present at all times, excluding the main Instructor.
- (k) Each club must have a Covid-19 Officer to monitor students & participants entering and leaving the Dojo. Covid-19 Attendance/Track & Trace Sheets are available on the BWK Website.
- (l) All Clubs must have licenced-insured & registered BWK Licensed Instructors who possess a CRB/DBS (or equivalent) and 1st Aid Certification.
- (m) All Clubs must have insured and registered BWK Licensed Members, who must also be monitored and recorded by club register and with the student's Club Attendance Record Card (cards are issued with licences).
- (n) All Clubs MUST use the official British Wadokai Club & Course Attendance Record Cards, which are issued to all BWK Licenced Members, for the monitoring of training and licence validation.
- (o) Clubs may be of any size but must meet regularly at proper premises.
- (p) Clubs may have either amateurs or professionals (although not 'commercially' motivated individuals) as membership.
- (q) Applications for Club Affiliation must be sent to the BWK Chief Instructor. The BWK Chief Instructor will consider all initial applications before forwarding for BWK Executive & Technical Committee involvement.
- (r) All Clubs shall, upon acceptance, abide by the 'spirit' and current rules of the BWK Regulations.
- (s) All Clubs (Instructor/Committee, etc.) must be aware of, and strictly follow, all 'Policies' put into place for the protection of BWK Members and Instructors.
- (t) A BWK representative *may* investigate Club/s at any time.



- (u) International BWK Clubs may also need to affiliate to a National Governing Body (if there is one) in their host country. BWK-International Members are not covered by insurance through BWK Licencing. BWK Associate Members may also apply to the International Wado Federation for affiliation membership.
- (v) All British Wadokai Members, who participate in organised National and/or International events, must only attend the official events sanctioned by British Wadokai and the Governing Bodies of the British, European and International Wado Federations. *You are reminded that you will be in breach of your BWK Licence Membership and Insurance Cover if you participate in events outside of the British Wado Federation.*
- (w) All new club affiliations will be placed on a *Provisional Membership* until all implications of membership have been fulfilled. Club Instructors of Shodan & above, joining from other organisations, will have their grades accepted; but may have to undergo regular Standardisation Course attendances before being accepted fully as BWK Examiners. **Applications from other/outside organisations:** Depending on origination (origin of style, certification, lineage, etc.) grades registered within your existing karate licence will be 'automatically' transferred to your new BWK Licence upon acceptance (in most instances as honorary, unless of authentically recognised origination). Grade advancement may continue, once technically updated to the present grade and fully conversant with the requirements, for progression after 12-months from initial BWK Licence Registration.

NB: The safe running of the Club is the sole responsibility of the Registered BWK Leading/Senior Instructor present at the time.

NB: By applying for BWK Membership you are entering into an agreement that this is your only affiliation and lineage. Due to conflict of interests: As a member of BWK it is important that you are not also a member of any 'outside' National Governing Body or Association. No officer, representative, or similar person representing the interests of a member of BWK, may represent, be a member of, or officiate for any group, association, federation or organisation purporting to practise karate within the UK or abroad.

8. BWK SYLLABUS & GRADING PROCEDURES

The Syllabus laid down by the BWK will be strictly as follows:



The Grade Syllabus of the
British Wadokai Karate-do Federation
Foundations Established in 1964

英国和道会空手道連盟 - 本部道場
Eikoku Wadokai Karate-do Renmei Honbu Dojo
Chief Instructor Gary E Swift Hanshi

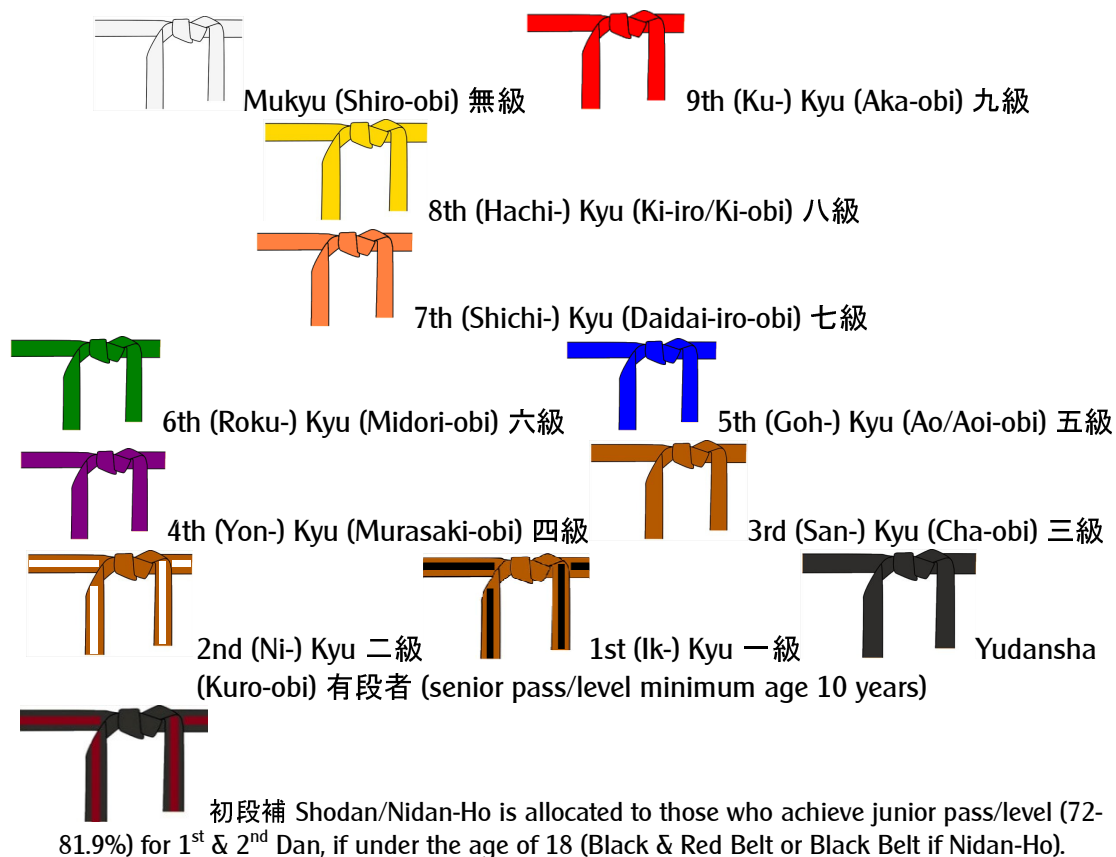
'Peace within Mutual Harmony'



Includes All Grading Requirements from 9th Kyu to 8th Dan

Grade syllabus as introduced into the UK & Europe, by
Suzuki Tatsuo (8th Dan) Hanshi in 1964

Kaikyudan 階級段 The Grade Structure of British Wadokai Karate



NOTES FOR STUDENTS ANTICIPATING A GRADING

Before the grading date, be prepared:

1. All applicants for gradings must wear a clean white Gi.
2. Mon (Badge/s) must be worn on the left side of the Gi.
3. Ensure you have read and understood the Club Rules.
4. Ensure you have an up-to-date **British Wadokai Licence**.
5. Ensure you have correct grade registration remittance prior to grading.
6. Bring your **Club Attendance Record Card** for proof of club attendance.
7. And probably most important, *make sure you 'know' what you need to know for your grading.*

Best etiquette must be observed at all times (bad etiquette will result in instant failure). Ensure you pay your respects to the examiner/s in the correct way (always bowing, etc.). Always sit in the crossed legged position, during the 'rest' period between techniques, in the Shimoza area, or allocated rest area, of the Dojo. When called for any aspect of the grading, bow when entering the Dojo-floor.

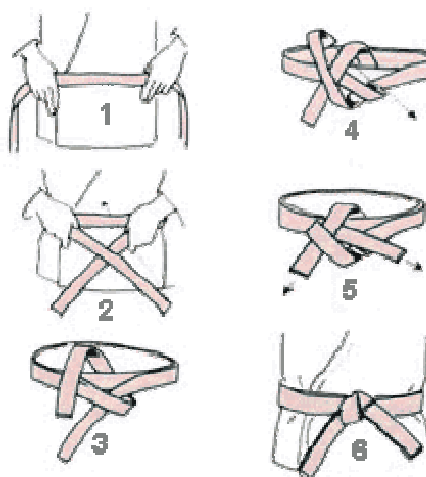
Before the practical aspect of the grading commences, you will be required to kneel before the Examiner/s desk. From here you will be asked to recite the Dojo-kun (Japanese & English) and remove your Obi from your waist and fold it in front of you. Upon a further command, you will retie the Obi correctly around your waist. You will then wait for further instructions.



The correct way to tie the Obi 帯 in traditional Wadoryu Karate.

How to tie a belt in the traditional Wadoryu Hon-Musubi method.

- 1) Find the middle of the belt and place against your waist and overlap/cross around the back.
- 2) Bring the ends to the front and cross the ends right over left.
- 3) Tuck the right end under BOTH strands (between the Gi and Belt) and pull tight.
- 4, 5) Complete the knot by tying left over right and through.
- 6) Pull ends tightly sideways (never up and down) and allow ends to hang symmetrically.



During 9th & 8th Kyu Gradings all terminology & commands will be spoken first in Japanese followed by English. 7th Kyu and upwards all terminology & commands will be in Japanese.



Commands on this grading will be given first in Japanese then in English.

DOJO-KUN (Recited in Japanese and English), as with ALL proceeding grades. For 9th Kyu, you will also be tested on correct traditional Wado-ryu belt-tying technique (Hon-Musubi). 本結び

UKE (Blocks)

Performed from Junzuki-dachi.

1. Jodan-uke: *Head block*
2. Chudan-soto-uke: *Body outer block*
3. Chudan-uchi-uke: *Body inner block*
4. Gedan-barai: *Lower body sweeping block*

KIHON-WAZA (Fundamental techniques)

Performed from Hanmi-gamae.

1. Jodan-tsuki: *Head punch*
2. Uraken-uchi-jodan: *Head back-fist strike*
3. Maegeri-chudan: *Body front kick*
4. Surikomi-maegeri-chudan: *One step body front kick*
5. Mawashigeri-chudan: *Body round-house kick*
6. Surikomi-mawashigeri-chudan: *One step body round-house kick*

DOJO-KUN 道場訓

Japanese	Translation	Phonetic
REISETSU-O-MAMORI	Stick to the rules of the Dojo.	Ray sets o mamory
SHINGI-O-OMANJI:	Be loyal to your Instructor.	Shin gee o oman jee
JOJITSU-NI-OBBERESU	Students and Instructors are not all one; never take	Joe jitsu nee obberezu



	advantage of his friendship.	
SHINKENMI-NI-TESSEYO	Be serious in your efforts.	Shin ken mee nee tesseyo



Commands on this grading will be given first in Japanese then in English.

DOJO-KUN (Recited in Japanese and English), as with ALL proceeding grades. For 8th Kyu, you will also be tested on your belt-tying technique.

KIHON-WAZA (Fundamental techniques)

1. Junzuki, Mawatte-jodan-uke: *Straight punch, turn with head block*
2. Gyakuzuki, Mawatte-gedan-barai: *Reverse punch, turn with lower body sweeping block*
3. Maegeri-chudan: *Front kick to the body.*
4. Surikomi-maegeri-chudan: *One step front kick to the body.*
5. Sokuto-fumikomi-hiza: *Side edge stamping kick to the knee.*

RENRAKU-WAZA (Combination techniques)

1. Maegeri-chudan-tobikomizuki-jodan: *Front kick to the body, snap punch to the head.*
2. Surikomi-maegeri-chudan-tobikomizuki-jodan: *One step front kick to the body, snap punch to the head.*
3. Maegeri-chudan-gyakuzuki-chudan: *Front kick, reverse punch to the body.*
4. Surikomi-maegeri-chudan-gyakuzuki-chudan: *One step front kick, reverse punch to the body.*

UKE (Blocking techniques)

Performed from junzuki-dachi

1. Chudan-soto-uke-gyakuzuki: *Body outer block, reverse punch.*
2. Chudan-uchi-uke-gyakuzuki: *Body inner block, reverse punch.*

All blocks are performed with turning block (outer/inner), followed by reverse punch.



Commands for 7th Kyu & above will be in Japanese.

KIHON-WAZA 基本技

1. Junzuki-no-tsukkomi
2. Gyakuzuki-no-tsukkomi
3. Mawashigeri-chudan

RENRAKU-WAZA 連絡技

1. Maegeri-chudan – Mawashigeri-chudan – Gyakuzuki-chudan
2. Surikomi-maegeri-chudan – Mawashigeri-chudan – Gyakuzuki-chudan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Gohonme (chudan soto-uke - maegeri - gyakuzuki), Ropponme (chudan uchi-uke - empi)

KATA 形

1. Pinan Nidan



6th KYU 六級



KIHON-WAZA 基本技

1. Kette-junzuki
2. Kette-gyakuzuki
3. Tobikomizuki-jodan
4. Surikomi-mawashigeri-chudan
5. Surikomi-sokuto-chudan

RENRAKU-WAZA 連絡技

1. Maegeri-chudan – Sokuto-fumikomi-hiza – Gyakuzuki-chudan
2. Surikomi-maegeri-chudan – Sokuto-chudan – Gyakuzuki-chudan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Ipponme, Nihonme
2. Maegeri-uke; Ipponme, Nihonme

OHYO-GUMITE 応用組手

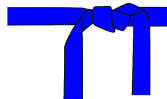
1. Ipponme

KATA 形

1. Pinan Shodan
2. Pinan Sandan

JIU-GUMITE 自由組手

5th KYU 五級



KIHON-WAZA 基本技

1. Kette-junzuki
2. Kette-gyakuzuki
3. Kette-junzuki-no-tsukkomi
4. Kette-gyakuzuki-no-tsukkomi
5. Nagashizuki-jodan
6. Ushirogeri-gedan
7. Sokuto-chudan
8. Nidangeri-jodan

RENRAKU-WAZA 連絡技

1. Mawashigeri-chudan – Ushirogeri-gedan – Gyakuzuki-chudan
2. Surikomi-sokuto-fumikomi-hiza – Ushirogeri-gedan – Uraken-uchi-jodan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Sanbonme, Yonhonme
2. Maegeri-uke; Sanbonme, Yonhonme

OHYO-GUMITE 応用組手



1. Nihonme

KATA 形

1. Pinan Sandan
2. Pinan Yodan

JYU-GUMITE 自由組手

4th KYU 四級



KIHON-WAZA 基本技

1. Kette-junzuki
2. Kette-gyakuzuki
3. Kette-junzuki-no-tsukkomi
4. Kette-gyakuzuki-no-tsukkomi
5. Nagashizuki-jodan
6. Mawashigeri-chudan
7. Ushirogeri-chudan
8. Sokuto-chudan

RENRAKU-WAZA 連絡技

1. Maegeri-chudan – Nagashizuki-jodan – Gyakuzuki-chudan
2. Surikomi-maegeri-chudan – Nagashizuki-jodan – Mawashigeri-chudan
3. Maegeri-chudan – Sokuto-fumikomi-hiza – Ushirogeri-gedan – Gyakuzuki-chudan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Gohonme, Ropponme
2. Maegeri-uke; Gohonme, Ropponme

OHYO-GUMITE 応用組手

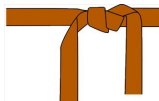
1. Sanbonme

KATA 形

1. Pinan Yodan
2. Pinan Godan

JYU-GUMITE 自由組手

3rd KYU 三級



KIHON-WAZA 基本技

1. Kette-junzuki
2. Kette-gyakuzuki
3. Kette-junzuki-no-tsukkomi
4. Kette-gyakuzuki-no-tsukkomi
5. Tobikomizuki-jodan
6. Nagashizuki-jodan
7. Mawashigeri-jodan
8. Ushirogeri-chudan
9. Surikomi-sokuto-jodan



RENRAKU-WAZA 連絡技

1. Surikomi-maegeri-chudan – Mawashigeri-chudan – Ushirogeri-chudan – Gyakuzuki-chudan
2. Maegeri-chudan - Nagashizuki-jodan – Gyakuzuki-chudan – Mawashigeri-chudan
3. Surikomi-maegeri-chudan – Sokuto-fumikomi-hiza – Ushirogeri-chudan – Uraken-uchi-jodan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Ipponme, Nihonme
2. Maegeri-uke; Ipponme, Nihonme

OHYO-GUMITE 応用組手

1. Yonhonme

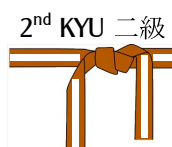
KIHON-GUMITE 基本組手

1. Ipponme
2. Nihonme

KATA 形

1. Ku-Shanku

JYU-GUMITE 自由組手



KIHON-WAZA 基本技

1. Kette-junzuki
2. Kette-gyakuzuki
3. Kette-junzuki-no-tsukkomi
4. Kette-gyakuzuki-no-tsukkomi
5. Nagashizuki-jodan
6. Mawashigeri-jodan
7. Sokuto-jodan
8. Ushirogeri-chudan
9. Nidangeri-jodan

RENRAKU-WAZA 連絡技

1. Surikomi-maegeri-chudan – Nagashizuki-jodan – Mawashigeri-jodan
2. Maegeri-chudan – Sokuto-chudan – Ushirogeri-chudan – Gyakuzuki-chudan
3. Zenshinshite-jodan - Renzuki-chudan - Surikomi-maegeri-chudan - Mawashigeri-chudan - Gyakuzuki-chudan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Sanbonme, Yonhonme
2. Maegeri-uke; Sanbonme, Yonhonme

OHYO-GUMITE 応用組手

1. Gohonme
2. Ropponme

KIHON-GUMITE 基本組手

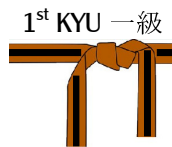


1. Sanbonme
2. Yonhonme

KATA 形

1. Ku-Shanku
2. Nai-hanchi

JYU-GUMITE 自由組手



KIHON-WAZA 基本技

1. Kette-junzuki
2. Kette-gyakuzuki
3. Kette-junzuki-no-tsukkomi
4. Kette-gyakuzuki-no-tsukkomi
5. Nagashizuki-jodan
6. Surikomi-mawashigeri-jodan
7. Surikomi-sokuto-jodan
8. Ushirogeri-chudan
9. Nidangeri-jodan

RENRAKU-WAZA 連絡技

1. Zenshinshite-jodan - Renzuki-chudan - Maegeri-chudan - Mawashigeri-chudan - Ushirogeri-chudan - Gyakuzuki-chudan
2. Surikomi-jodan - Renzuki-chudan - Surikomi-maegeri-chudan - Mawashigeri-chudan - Ushirogeri-chudan - Uraken-uchi-jodan
3. Zenshinshite-jodan - Renzuki-chudan - Maegeri-chudan - Nagashizuki-jodan - Gyakuzuki-chudan - Mawashigeri-jodan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Gohonme, Ropponme
2. Maegeri-uke; Gohonme, Ropponme

OHYO-GUMITE 応用組手

1. Nanahonme
2. Napponme

KIHON-GUMITE 基本組手

1. Gohonme

KATA 形

1. Ku-Shanku
2. Seishan
3. Chinto

JYU-GUMITE 自由組手





KIHON-WAZA 基本技

1. Kette-junzuki
2. Kette-gyakuzuki
3. Kette-junzuki-no-tsukkomi
4. Kette-gyakuzuki-no-tsukkomi
5. Tobikomizuki-jodan
6. Nagashizuki-jodan
7. Mawashigeri-jodan
8. Sokuto-jodan
9. Ushirogeri-chudan
10. Nidangeri-jodan

RENRAKU-WAZA 連絡技

1. Zenshinshite-jodan - Renzuki-chudan - Maegeri-chudan - Mawashigeri-jodan - Ushirogeri-chudan - Uraken-uchi-jodan
 2. Surikomi-jodan - Renzuki-chudan - Surikomi-sokuto-jodan - Ushirogeri-chudan - Gyakuzuki-chudan
 3. Zenshinshite-jodan - Renzuki-chudan - Maegeri-chudan - Nagashizuki-jodan - Gyakuzuki-chudan - Mawashigeri-jodan - Ushirogeri-chudan - Uraken-uchi-jodan
- Not applicable for 4th Dan or over.*

KATA 形

At least three Kata will be selected from the first nine, as Examiner/s choice.

FUTARI DORI 二人取

HIKKI-SHIKEN 筆記試験

Please see below for 'grade specific' additional required elements.

SHODAN 壹段

SANBON-GUMITE 三本組手

All

OHYO-GUMITE 応用組手

Ipponme, Nihonme, Sanbonme, Yonhonme

KIHON-GUMITE 基本組手

Ipponme, Nihonme, Sanbonme, Yonhonme

KATA 形

Bassai, Wanshu

NIDAN 貳段

SANBON-GUMITE 三本組手

All

OHYO-GUMITE 応用組手

Gohonme, Ropponme, Nanahonme, Naponme

KIHON-GUMITE 基本組手

Gohonme, Ropponme, Nanahonme, Naponme

KATA 形

Ni-sei-shi, Rohai



SANDAN 参段

SANBON-GUMITE 三本組手
All

OHYO-GUMITE 応用組手
All

KIHON-GUMITE 基本組手
All

KATA 形
Ji'tte, Ji'han, Ji'in.

NB: There are no official physical or technical gradings past 3rd Dan. However, the following *unofficial* technical syllabus has been structured, and *may* be used, for newly accepted BWK Members who have **not trained and/or graded** through the ranks of the full British Wadokai Dan Grade Syllabus of 1st Dan to 3rd Dan.

This syllabus is also available to BWK members, who *have* graded through the full syllabus of 1st to 3rd Dan, but who 'wish' to pursue a 'physical' grading past 3rd Dan as choice (or through any various necessary requirement/s).



British Wadokai Grade Syllabus 4th Dan to 8th Dan

YODAN 肆段 GODAN 伍段
ROKUDAN 陸段 SHICHIDAN 漆段 HACHIDAN 捌段

SANBON-GUMITE
All

OHYO-GUMITE
All

KIHON-GUMITE
All

KATA
Ku-Shanku, Nai-Hanchi, Seishan, Chinto, Bassai, Wanshu, Ni-Sei-Shi, Rohai, Ji'tte, Ji'han, Ji'in

9. YŪDAN SHINSA

Yūdan Shinsa.

There are regular British Wadokai Yūdan Shinsa (Black-belt Gradings) held each year and available in various regions. See BWK Date Section for full details.

The British Wadokai Dan 段 Grading.

All Dan grade examinations will be monitored by qualified **British Wadokai** Yūdansa who possess Examiners/Instructors certificates/qualifications required for Panel Judges.

Level 4a may grade up to Shodan, 4b up to Nidan, 4c up to Sandan, etc.

Level 5; is reserved for the BWK President/Chief Instructor. Please also see Section 12.



Only British Wadokai licenced members, who are directly involved, would be invited or permitted to attend an official BWK Yūdan Shinsa. The applicant's main instructor may also attend.

Before conducting a practical grading it is important that the 90-minute written examination has been completed.

When the applicant has handed over his BWK Licence ensure to check to see if it up to date. If it is seen to invalid, reject applicant immediately.

During assessment always take medical, age, mental & physical aspects & implications into consideration at all times. For example if someone suffers from dyslexia he may find problems with coordination. He may find problems with, or incapable of, reciting the Dojo-kun. Remember, a fully-able person 'should' know his stuff! If he does not, then mark him accordingly. You may need to refer to the applicant's regular instructor for verification of ability/disability.

All applicants are judged as **adults**, irrespective of age. The Grade Scoring Process will determine whether a 'junior' applicant receives a 'junior' or 'senior' pass for his grade (this applies only to 1st and 2nd Dan levels). Each applicant will be marked as 8.5 for each segment if the standards achieved reflect the grade attempting. For example, in the event an applicant is attempting Shodan, the kihon-waza demonstrated should be that of Shodan standard. If it is better than that expected of Shodan then mark higher, if not, mark average (8.5) or lower, etc.

A minimum 'pass' would be a total accumulated figure of 82%. However, if the applicant is a junior, and his score is below that of 82%, he may pass as a Shodan-ho/Nidan-ho if he has achieved 72% or above in both written and practical aspects of the grading. *There are no junior-pass marks for Sandan.*

Example (below) of the 10-Section Grade Sheet, which must equate to a minimum of 82% for full Yūdan pass in both the Written and Practical Tests.

NB: As you may notice *Attendance, Dedication and Loyalty* makes up 20% of the total marking, emphasising the importance of these aspects.

Dan Grade Examiner's Sheet Pattern.



<div style="text-align: center;"> British Wadokai Karate-do Federation Assessment Sheet for 1st to 3rd Dan </div>												
Examiner:		Ex. Lev:				Date:						
Name & Grade Attempting	Kihon Waza	Renraku Waza	Sanbon Gumite	Ohyo Gumite	Kihon Gumite	Kata Choice	Kata Syllabus	Jiyu Gumite	Dedicated Training	Attitude & Loyalty	Practical Result	Written Result

Grade Sheet Sections & Score Interpretations.

- ✚ Section 1 to 8: Kihon Waza to Jiyu-Gumite: A score of 10 would be considered **faultless**. Above Average; 8.5-9.9. Average for grade 8.5. Poor, but 'passable', 8.2. Below 8.2; failed that section
- ✚ Dedicated Training: A score of 10 reflects 100% attendance for usual Dojo activities and Courses, etc. Average for grade 8.5 (just usual Dojo attendance, etc.). Poor, but 'passable', 8.2. Below 8.2; failed that section.
- ✚ Attitude & Loyalty. Reflects on a student's attitude in the Dojo and respect to his instructors and others around him. He must be 100% committed to Wado karate, the Dojo and Sensei to achieve a mark of 10.

A BWK Yūdan Assessment Panel (YAP) is available to all members.

All Yūdan Shinsa:

- (a) Will be charged per student prior to grading. See Charges (Constitution/Application Form).
- (b) Will be charged for Registration (included in grade fee).
- (c) Yūdan Gradings will be conducted privately. Only people involved, or have been previously invited by the BWK President, may attend. BWK Examiners of any level may be in attendance for personal examination training purposes.
- (d) All applicants for Gradings must hold an up to date British Wadokai Licence.
- (e) All pre-registrations for Yūdan Gradings must be applied for **AT LEAST TWO MONTHS** before intended grading date.
- (f) All applicants for Gradings of Sandan must be registered (and insured) as an Instructor of a regular Dojo prior to application; Sandan and above are officially 'Sensei' grades.
- (g) All applicants for the physical Gradings of Yodan, and above, must be registered (and insured) as a Main Instructor of a regular Dojo.
- (h) All Yūdansha will be judged & marked for a pass as: 82% (and above) Practical. 82% (and above) Written.
- (i) All Junior Yūdansha: If the applicant is classified as a junior (10 to 17) he may be awarded a senior level if the senior scores are reached (see subsection (g) above). However if a 'senior' score has not been achieved a 'Junior Yūdansha' (Jido-Dan/Shodan-ho/Nidan-ho, Kohai, etc.) pass will be accepted if scored for a pass of: 72% (and above) Practical. 72% (and above) Written. **This only applies to 1st & 2nd Dan level. ***



- (j) All BWK Yūdan gradings will be headed by the BWK President, Gary E Swift Hanshi, or a fully qualified individual elected by and operating on behalf of the BWK Chief Instructor/Examiner.
- (k) All Examiners, intending to be part of the BWK Yūdan Assessment Panel, must wear the appropriate Judges & Examiners attire (blazer, tie, etc.) or traditional Wado Karate-gi.
- (l) A Regional YAP Committee Meeting may be organised and convened, at any time, for the discussion, if necessary, for the registration-acceptance of new members joining from outside organisations already graded from Shodan.

* NB: **Shodan-ho/Nidan-ho (Jidodan)**. Although not technically considered a point of *failure*, but rather a deficit of adult status/achievement, junior Yūdansha will **not be** granted grading powers or further advancement until reassessment to full Yūdansha has first been achieved. Reassessment from 'junior' Yūdan to 'senior' Yūdan may be conducted after 6-months from the original Shodan-ho/Nidan-ho grade date, by the BWK Chief Instructor/Examiner or Regional Senior Examiner by arrangement.

NB: Yūdansha Applicants: The student's MAIN INSTRUCTOR will issue, *to the eligible member*, an up-to-date 'Yūdan Shinsa Application Form'.

See Section 18, Grading & Advancement, for prerequisite application requirements: Official intervals/minimum training requirements/guidelines for Yūdan applicants.

Originally, once 3rd Dan was achieved, there was no 'official' time period between black-belt ranks with honorary grades from 4th Dan upwards. However, British Wadokai has introduced the grading structure that has been adopted by the Japanese Karate Federation Wadokai (JKF-Wadokai). Please note the following time-lapses for Yūdan levels.

These include certain elements of the Suzuki-ryu and JKF-Wadokai guidelines adopted by BWK.

PRACTICAL DAN	MINIMUM QUALIFICATIONS	EXAM. FEE **	REG. FEE ***
1 DAN	1 Kyū for 9 Months (age 10+)	£75	£75
2 DAN	1 Dan for 18 Months (age 12+)	£75	£75
3 DAN	2 Dan for 3 Years (age 18+)	£75	£75
4 DAN	3 Dan for 4 Years	£75	£75
5 DAN	4 Dan for 5 Years	£75	£75
6 DAN	5 Dan for 6 Years (age 35+)	£75	£75
7 DAN	6 Dan for 7 Years (age 40+)	£75	£75
8 DAN	7 Dan for 8 Years (age 50+)	£75	£75
9 DAN	8 Dan for 9 Years (age 60+)	£75	£75
Transfer to Regular from Junior Through Reassessment.			
1 DAN	Age 14+	nil	nil
2 DAN	Age 16+	nil	nil
Transfer to Wado Through Reassessment (transferring style, etc.).			
DAN LEVEL	MINIMUM QUALIFICATIONS	EXAM. FEE	REG. FEE
ALL DAN	Pre-existing Dan Level	n/a	nil
RECOMMENDED DAN*	MINIMUM RECOMMENDED QUALIFICATIONS THROUGH EXCEPTIONAL DEDICATED CONDITIONS	EXAM. FEE	REG. FEE
1 DAN	Practical Karate for 5 Years	nil	£75
2 DAN	1 Dan for 18 Months	nil	£75
3 DAN	2 Dan for 2 Years	nil	£75
4 DAN	3 Dan for 3 Years	nil	nil
5 DAN	4 Dan for 4 Years, Age 40+	nil	nil



6 DAN & ABOVE	At the discretion of the BWK President. Age 45+*	nil	nil
TITLE	MINIMUM QUALIFICATIONS	EXAM. FEE	REG. FEE
Renshi	4 Dan for 2 Years, Age 35+	nil	nil
Kyoshi	Renshi for 5 Years, 6 Dan, Age 45+	nil	nil
Hanshi	Kyoshi for 10 Years, 8 Dan, Age 55+	nil	nil

*Recommended Dan refers to Grades Awarded as honorary. Only the Chief Instructor (or assigned/designated officer) of BWK has the power to award/promote any individual, at any time, through honorary 1st Dan to 9th Dan inclusive, *irrelevant of time-served criteria*.

Promotion is **NOT** guaranteed, even through time-dedicated service. Each candidate is individually assessed & reviewed, over time, for his attitude, dedication and loyalty to British Wadokai. Please refer to the 'time-served' periods for 'Practical Dan', for the 'normal' period between honorary grade promotion.

**Examination fee includes; Chief Examiner travelling expenses, Dojo rent, Obi (if applicable), signed & frame BWK certificate, all administration.

***This is a 'life-time registration', which means upon the BWK/BWF moving to another National, International or World Governing Body the grades will be automatically transferred & registered FOC to the new affiliation. **Any new affiliated black-belt certificate will also be sent to the registered Yūdansa FOC.**

NB: All BWK members wishing to pursue Yūdan Shinsa must have attended the minimum BWK Standardisation/Advancement Courses (please refer to Yūdan Shinsa Application Form). In respect to 'Dojo Training Sessions', this *DOES NOT* include 'Dojo Teaching Hours'. However, if in exceptional circumstances such as impractical distance of location/venue, etc., *discretion may be made*.

BWK Dan Grade Application (1st Dan to 3rd Dan):

- For applicants up to and including 3rd Dan the BWK will only accept individuals for grading who have been recommended by their MAIN INSTRUCTOR to grade.
- Applications to *grade* from 3rd Dan must be from individuals who already teach within an established BWK Club or run their own BWK Club/s.
- Applications for Yūdan grades may be refused/rejected without reason.
- It is the member's own responsibility to send the application **AT LEAST TWO MONTHS** prior to the grading date. See Date Section for details. *All late applications will be rejected & returned.*
- All aspects of the application form must be filled correctly and signed, including the correct remittance. *Incomplete applications will be rejected & returned.*
- The applicant must grade on the applied grade date, or forfeit the grading fee (with the exception of extenuating circumstances, such as ill-health, etc.).
- Applications for physical gradings can be accepted for all Yūdan levels up to & including 8th Dan.

BWK Dan Grade Progression (4th Dan to 8th Dan):

- There are no *physical gradings* for 4th Dan & above, within BWK, for 'full' BWK Members who have trained with a provable unbroken membership and graded through the full British Wadokai grade structure.
- Individuals for *promotion* of 4th Dan, and up-to and including 8th Dan, must be through 'recommendation' (i.e. from the relevant senior instructor to the BWK President, or by the BWK President himself). Individuals may **NOT** recommend themselves for promotion. *In these instances all 'promotions' will be issued free of charge.*
- Applicants who have not trained & graded through the BWK process, or who have a broken membership history during any Yūdan period, *may* be required to grade for their future Yūdan level/s. *Please refer to charges.*

BWK-Honbu Yūdan Shinsa Administration.

All expenses, venue, administration, Chief Examiner expenses, etc., will be taken from central British Wadokai funds.



BWK Yūdan Assessment Panel (YAP).

Black-belt gradings are not open to the public or others. Only those involved with the grading, or have been expressly invited by the Chief Examiner, may attend these events.

The BWK Black-Belt Grading/Assessment Panel will consist of:

- ❑ The BWK Chief Instructor.
- ❑ BWK Senior Examiners (5th Dan & Above).
- ❑ Invited BWK Examiners (3rd Dan & above, depending on level/s of examinees).
- ❑ Invited Guests of the BWK President.

Although both grades & titles can be applied for (through normal examination and/or written paper procedures), it must be noted that they can also be awarded by the BWK President through 'time honoured' dedicated research and contribution to the BWK. ONLY the BWK President, taking into consideration loyal and dedicated contribution to BWK etc., can 'award' these Yūdan grades.

All BWK-Honbu Yūdan Gradings in the UK are held at least twice a year, and are listed in the BWK Date Section. BWK-Honbu Yūdan Shinsa will be open and available to all qualifying BWK Members throughout the UK.

10. BWK YŪDAN SHINSA

The British Wadokai Yūdan 有段 Grading

The running and maintaining of the Black-Belt Gradings are the sole responsibility of the BWK Chief Instructor/Examiner. *No Club or Group may claim to run an official BWK Yūdan Shinsa.* All payments received from participants/applicants to be made payable direct to the BWK Administration. Shodan to Sandan grades are achievable through the Yūdan Shinsa process (Yodan & above may also be achieved in this way through individual choice). Grades of Yodan & above are through the BWK's honorary system and can only be achieved through total dedication, loyalty, contribution and/or through a dedicated time-honoured process.

INSTANT FAILURES

An applicant will instantly fail due to the following conditions:

- a. Does not take the grading seriously.
- b. Communicates to his partner, especially during pair-work.
- c. Talks through the grading.
- d. Has little or no knowledge of his requirements.
- e. Shows signs of bad attitude, disrespect or little regard for the proceedings. *Bad attitude will not be tolerated in any grading.*
- f. Insufficient score on Grade Sheet for passing.

Failure of Dan Gradings.

Upon any Dan grade being failed (irrespective of written, practical or both) the student must produce a minimum training record, *FROM FAILURE DATE*, of at least 52-training sessions AND 6-calendar months before the retake can be honoured by the Yūdan Assessment Panel. However, students will only be required to retake the element/s they have failed (for example, if the student has only failed the practical he does not need to retake the written, and/or vice-versa). The part/element re-take facility will only be valid for 12-months from the original failure date, after this time both elements will have to be retaken.

To clarify: In the event of a 'retake', due to a failure, illness or non-attendance/cancellation, the applicant may reapply for a second attempt after 6-months from the failure date (application must be submitted in the usual way at least 2-months prior to the actual grading date (see Date Section for details)).

All applicants MUST reapply using the official Yūdan Shinsa Application Form, available from your instructor, British Wadokai Administration Department, or British Wadokai Website.



Irrelevant of how many Panel Judges there are in attendance; and of how many of them have passed an applicant: It must be remembered that if **ONE** Examiner on the panel has failed an applicant the applicant has failed the grade completely.

Injuries.

Applicants for any grade (Dan or Kyū) must be in a personal peak condition to grade. If injured, temporarily or permanent, the applicant must not proceed with grading (or regular training, for that matter) until the injury has been 'cleared' by a trained physician. Permanent injuries will require individual assessment prior to training/grading progression.

11. BWK KYU SHINSA

The British Wadokai Kyū 級 Grading

BWK operates an 'Open Grading Policy', whereby BWK Members/Students may attend and grade at any BWK 'Open Grading' held within a club of British Wadokai. This policy was originally implemented (in 1965 by Suzuki Hanshi) so as members may be able to advance; even though their own instructor may not possess the adequate qualification to promote higher than his designated level (see BWK Grade Levels). Any BWK Member may grade at any of these 'Open Gradings' for their relevant Kyū Grade advancement, as long as the Examiner present has the adequate qualifications to grade the level attempting to be attained, etc. The student's own main instructor (if not in possession of the correct grade qualifications) must be the first 'port-of-call' if a student wishes to participate in one of these 'open gradings'. The instructor may 'advise' a student, but should not disallow him completely from attending the grading; *unless for reasons of readiness, attitude, inadequate training or time-served requirement deficits, etc.* Remember, this facility is for students whose own instructor is unable to grade those wishing to peruse advancement.

All grades are to be registered within BWK.

- (a) The relevant Grading Examiner must retain all Kyū Grade Sheets; a copy (or list) must be sent to the BWK Licence Officer, when completed, for registration.
- (b) All BWK Yūdan Shinsa will be conducted & headed by the BWK President, Gary E Swift Hanshi.

Official intervals/minimum training requirements for Kyū Grades

- ☐ Beginner to 9th Kyū = Minimum 6-weeks training duration, measured from **BWK Licence Registration Issue Date**.
- ☐ Kyū grade duration between each rank from 9th Kyū to 1st Kyū = Minimum 3 Months duration with a **minimum** of 12 Training Sessions at a **Fully Registered BWK Club**.

Kyū Grade Scoring

All Kyū grade examinations will be monitored by qualified **British Wadokai** Yūdansha who possess Examiners/Instructors certificates/qualifications.

1. Level 1; allows the examiner to grade up to 6th Kyū
2. Level 2; allows the examiner to grade up to 3rd Kyū
3. Level 3; allows the examiner to grade up to 1st Kyū
4. Level 4; entitlements are split into segments: Level 4a up to Shodan, 4b up to Nidan, 4c up to Sandan. Level 5; is reserved for the BWK President/Chief Instructor.

Before conducting a Kyū grading ensure that the correct grade fee has been paid to the Examiner, Secretary, Treasurer, etc. Upon the applicant handing over his/her **BWK Licence and Club Attendance Record Card**, check to see if it up to date. Ensure that there are sufficient time-lapses and training sessions between grades by checking the student's **Club Attendance Record Card**.

During assessment always take medical, age, mental & physical aspects into consideration at all times. For example if someone suffers from dyslexia he may find problems with coordination. He may find problems with, or incapable of, reciting the Dojo-kun. Remember, a fully able-bodied person 'should' know his stuff! If he does not, then mark him accordingly. Applicants for any grade (Dan or Kyū) must be in a personal peak condition to grade. If injured, temporarily or permanent, the applicant must not proceed with grading (or regular training, for that matter) until the injury has been 'cleared' by a physician. Permanent injuries will require individual assessment prior to training/grading



progression.

INSTANT FAILURES

You must fail an applicant who; a. Does not take the grading seriously. b. Communicates to his partner, especially during pair-work. c. Talks through the grading. d. Has little or no knowledge of his requirements. e. Insufficient score on Grade Sheet for passing. f. Shows signs of bad attitude, disrespect or little regard for the proceedings. Bad attitude will not be tolerated in any grading.

Failure of Kyū Gradings.

Upon any Kyū grade being failed the student must produce a minimum training record, *FROM FAILURE DATE*, of at least a minimum of 12-training sessions AND 3-calendar months before the retake can be honoured.

Grade Scoring

Grade	3rd Class Pass	2nd Class Pass	1st Class Pass
9th Kyū	10+	20+	30+
8th Kyū	12+	25+	30+
7th Kyū	12+	25+	30+
6th Kyū	25+	30+	45+
5th Kyū	25+	40+	60+
4th Kyū	25+	45+	65+
3rd Kyū	40+	65+	85+
2nd Kyū	40+	65+	85+
1st Kyū	45+	70+	95+

Score	Symbol
Faultless; 4	0
Above Average; 3	○ △
Average; 2	△
Below Average; 1	✕ △
Wrong; 0	✕

Kyū Grade Examiner's Sheet Pattern.



1. "Seiretsu." All stand in formal ranks in Kiotsuke (Students and Examiner/s line up in correct formal position).
2. Examiner/s, turning clockwise, faces 'Shomen'. Chief Examiner, "Shomen-ni-rei." All perform Standing bow to the front.
3. Examiner/s, turning clockwise, faces Examinees. Chief Examiner, "Shinpandan-ni-rei." Examinees bow to Examiner/s.
4. Chief Examiner takes one step back. "Otaga-ni-re." Chief Examiner, Examiners and Examinees bow to each other.

Procedures.

1. Examinees remain standing whilst Examiner/s sits at Examiners Table.
2. Examinees are informed of their numbers.
3. All Examinees are commanded to kneel before the Examiner/s Desk.
4. Dojo-Kun. **All Examinees**, for ALL Kyu-Shinsa (as well as Yūdan-Shinsa), will be commanded to recite Dojo-Kun, in both Japanese and English from lowest number upwards. NB. There are only two ways the Dojo Kun can be recited – *right or wrong*. If correct = O, if incorrect = X.
5. Hon-Musubi. **All Examinees** will be assessed and marked for their belt-tying. 9th & 8th Kyu will 'demonstrate' and be commanded to remove Obi and place in front 'folded' three times; then commanded to retie (whilst this is in process the Examiner will inspect the rest of the graded Examinees for correct Hon-Musubi). Examinees that do not require demonstration of Hon-Musubi tying will be marked accordingly for their 'presentation'. NB. There are only two ways the belt can be tied – *right or wrong*. If correct = O, if incorrect = X.

The Examination will be conducted in three parts/sections, which reflects the elements found in the Mon procedure.

- a. All Kihon and Renraku Waza will be conducted through all Examinees first, from Examinee 1, in grade sequence. For example; all applicants for 6th kyu would go through kihon-waza & Renraku-waza, followed by those attempting 5th Kyu, then 4th Kyu, etc.
- b. Once all Kihon and Renraku Waza have been conducted then the process of the Uke-Waza, again from 1 through and upwards.
- c. Then will follow the Kata in the same way.
- d. The Jiyu-Kumite will be finally conducted in the same way, however, omitting those who have declined sparring as an option of choice (age, sex, injury, etc.). For omitted participants a score of 'wrong' must be given = X. It must be remembered, at these stages, to incorporate the Mon applicants through the elements they require along the way.

NB. For Dojo Jiyu-Gumite. Bogu; hand mitts, shin & instep padding (females must also wear chest-guards for their own protection). Gum-shields and groin-guards are *heavily* 'advised' (groin-guards are **strictly required** within competition). *There will be no 'additional' padding allowed, such as head-guards or external body-shields, etc.*

The Jiyu-Gumite will be 'overseen' and conducted by an Examiner and the Kumite match may last no more than 60 seconds.

Upon completion of the Shinsa Examinees will be commanded to wait (in a separate room, only if necessary) until the final scoring has been made.

1. "Seiretsu" will be called from the Examiner and all are to line-up in correct grade/number order.
2. Faults may be highlighted and advice may be given upon further improvement for regarding or progression requirements.
3. Class Passes/Failures will be announced.
4. Shomeisho Reishiki. The formal awards of the grade/s. Each Examinee will collect, upon being called, their Menkyo (Licence), new Obi (Belt) and Shomeisho (Certificate); these must be offered and collected with two hands with a bow. When collected the Examinee will take one pace back and bow again before returning to his/her line.
5. Examinees will place on their new belts so as the Bow-Off can be conducted with the new rank.

Formal Bowing Off.

1. "Seiretsu." All stand in formal ranks in Kiritsu (Students and Examiner/s line up in correct formal position).
2. Examiner/s, turning clockwise, faces 'Shomen'. Chief Examiner, "Shomen-ni-rei." All perform Standing bow to the front.



3. Examiner/s, turning clockwise, faces Examinees. Chief Examiner, "Shinpan-dan-ni-rei." Examinees bow to Examiner/s.
4. Chief Examiner takes one step back. "Otaga-ni-re." Chief Examiner, Examiners and Examinees bow to each other.

Administration.



1. Certificates and Licences to be signed by Examiner/s and handed during Shomeisho Reishiki.
2. Grade Sheet copies must be sent to the BWK Licencing Officer, by either email attachment (scanned, etc.) or by post.
3. Club Instructors will be advised of Examiner's assessment and may be handed a copy of the original Grade Sheet for their records.
4. The Examiner may keep the original Grade Sheet for his/her records.

Faultless: Faultless is a '*non-grade-specific*' mark given to a student for a 'faultless' demonstration/performance of the required technique. For example, the equivalent to a technique that would be marked 10/10 during a Yūdan assessment. Very few (if any) would be considered/marked 'faultless' **for any Kyū grade** due to the level of perfection expected.

Above Average. A technique that you would expect to see demonstrated of higher standard, or of an advanced level, to the grade the applicant is attempting. 10/10 Kyu level. For example; someone attempting 6th Kyū who reflects the standard/s of someone attempting 3rd Kyu, etc.

Average: The expected performance related to the grade being attempted.

Below Average: Below average performance. A technique that hasn't shown many signs of improvement, as would be expected, since last assessment level. This mark would also be used in the event of physical impairment, etc.

Wrong: Incorrect performance. A technique that is incorrect, or has been performed with multiple errors.

NB: Kyū Grades start at 9th Kyū and must be followed through the ranking system correctly. There will be **NO 'double-gradings' or 'grade-jumping'** permitted within British Wadokai. If a student is eligible & ready to grade for a 'specific' grade then he/she must attempt the grading as & when gradings are available and required. If a 'Kyū-ranked' student is joining from another organisation/style then he must follow the correct protocols for correct 'recognition & advancement'. Please also refer to Page 2 of the BWK Licence Application Form for clarification.

USEFUL COMMANDS/PHRASES FOR EXAMINERS

Commands.

Seiretsu = Line up in formal ranks.

Shugo = Informal assembly.

Seiza = Kneel.

Kiritsu = Stand (*musubi-dachi*).

Kiotsuke = Formal attention position.

Yohi = Ready/prepare (*hachi-ji-dachi*).

Hadjime = Go/start.

Yamae = Stop (return to hachi-ji-dachi).

Naore = Come to kiritsu to 'prepare to bow'.

Rei = Bow.

Tachi-rei = Standing bow.

Hidari = Left.



Migi = Right.

Hidari-gamae-junzuki = Left straight-punch stance.

Mawatte = Turning hand (turn).

Mawatte-jodan-uke = Turn with head-block.

Mawatte-chudan-soto-uke = Turn with outer-body block.

Mawatte-chudan-uchi-uke = Turn with inner-body block.

Mawatte-gedan-barai = Turn with lower-body sweeping block.

Sonabade-ippon-toru-gyakuzuki = From the same position change-arms with reverse punch.

Hidari-hanmi-gamae = left fighting stance.

Hidari-shizentai = left natural position.

Soroeru = Perform straight-through (command for kata, blocks, etc.).

Shinpandan-ni-rei = Bow to referee.

Otaga-ni-rei = Fighters bow to each other.

Ban = Counting/command; ichi, ni, san, shi, goh = 1, 2, 3, 4, 5.

Stances.

Junzuki-dachi.

Gyakuzuki-dachi.

Junzuki-tsukkomi-dachi.

Gyakuzuki-tsukkomi-dachi.

Postures/positions (these are *not* stances as they are considered positions of 'attitude').

Yohi (ready).

Yamae (stop).

Gamae (posture).

Hanmi-gamae (half-body position, used in fighting position).

Shizentai (natural standing position).

EXTRA GRADING SERVICES

Private Kyu and Dan Gradings.

Private Kyu Gradings are available for students, who have either missed the official grading date/s or require the opportunity to attempt 'catch-up' gradings, etc., at the BWK-Honbu. Private Kyū gradings will be charged at £35 per student and will include; Hall Hire, Private Examiner, Certificate and Obi. Gradings can be available during the week or weekend, please contact the Chief Instructor for details and availability. Tel; 01752-493210 or Email; garyswifthanishi@gmail.com

Private Yūdan Gradings can also be arranged at the BWK-Honbu Dojo at a charge of £250, which also includes the written and practical elements.

Private gradings will be run simply for the 'grading', and will not include any pre-grading training. Just to reiterate: Private Gradings will be for 'grading assessment only' and will be conducted at the BWK Honbu by prior arrangement with the Chief Instructor. Applicants are responsible for their own Uke-Mi (training partner).

NB: All private gradings, to be conducted elsewhere, will incur a travelling charge of 40p per mile (round trip), plus any accommodation costs. Applicants will also need to arrange for themselves an 'adequate' venue for at least a 90-minute duration (if written is to be included 3-hours would be required).

NB: For up-to-date information reference Yūdan & Kyū Shinsa, please refer to the official **British Wadokai Grading Protocols Policy**, accessible from the BWK Websites and/or Chief Instructor.

12. BWK STANDARDISATION & ADVANCEMENT COURSES

The running and maintaining of the Standardisation and Advancement Courses are the sole responsibility of the BWK President & Chief Instructor. No Club or Group may *claim* to run a BWK Advancement Course or BWK Standardisation Course, unless through the express permission from the BWK Chief Instructor. Venue and travelling costs will be met by British Wadokai. All payments received from participants to be made payable to the designated Senior Instructor, after overheads have been considered.

Please see the British Wadokai Date Section for details.



13. THE SYMBOLS/BADGES OF THE BWK & MEMBER CLUBS



The Coat of Arms of the British Wadokai Karate-do Federation Honbu & Honbu-cho Symbols.

Crane: Cranleigh, Surrey, where the foundations of British Wadokai were formed. Helmet: Strength and Protection. Red Lion: Devon (Honbu South & West), Dauntless Courage. Crown: Denotes the Kingdoms of Great Britain (England, Ireland, Scotland, and Wales). Motto: (Latin) Reservo Exemplar Quod Institutio – 'Preserving the Original and Traditional'.

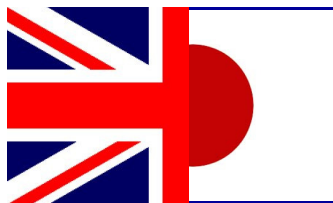


Badge of the British Wadokai Karate-do Renmei

The name and symbol of BWK may only be used with the written consent of the President.



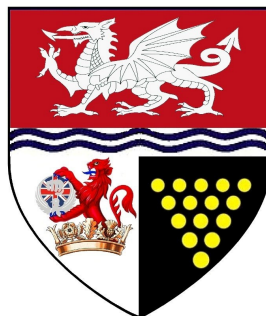
Badge of British Wadokai Honbu Dojo (HQ)



Badge of the British Wadokai National/Elite Squad



Blazer Badge of British Wadokai



British Wadokai Southwest

14. BADGES AND INSIGNIA

- BWK or BWK-Honbu Badges are to be worn on the left breast or arm. Personalised Club badges must be worn on the left breast or arm. Official BWK badges are obtainable through the BWK Chief Instructor.
- Squad Badges (as shown above, UK left/Japan right) are to be worn on the right arm.
- In the event of International Representation. Flag/Country badges are only to be worn in the event that the individual has represented or is representing his country abroad (competition, training, etc.).
- BWK Blazer Badges are for BWK Examiners and Competition Officials only.
- Children's Merit Badges will **NOT BE PERMITTED** to be worn on the gi or obi within any traditional BWK Dojo. NB: This does not restrict instructors allowing them to be used or worn on track-suits or sashes, etc.

15. AIMS

The aims of BWK are to:

- (a) Foster and develop the art of the Wado-ryu Karate system as founded and developed by Ohtsuka-Hironori (10th Dan) Meijin and Suzuki Tatsuo (8th Dan) Hanshi.
- (b) Supply members' registration, licensing, insurance and certification of grades passed.
- (c) Allow access to regular training facilities, top class Wado tuition, regular courses, competitions, tournaments, and gradings.
- (d) Allow access to all associated tuition, courses, competitions and tournaments.
- (e) Practise the Wado syllabus as laid down by Ohtsuka-Hironori (10th Dan) Meijin, Suzuki Tatsuo (8th Dan) Hanshi.
- (f) Hold regular BWK 'Standardisation Courses' to promote & maintain correct Wado Karate to all Yudansha.
- (g) Test all BWK Examiners at regular intervals to ensure that top quality Examiners are always available and qualified to grade.
- (h) Discourage malpractice and abuse of Wado Karate.
- (i) Do all such other things that are incidental or conducive to the attainment of the aims of BWK.



16. REGIONAL ASSOCIATE INSTRUCTORS

In the event of designated Regional Senior Instructors.

Regional Senior Instructors:

- (a) Will hold the power to grade up to and including their designated Examiner Level. See Examiner Levels.
- (b) Have responsibility of the affiliated regional membership under their control.

NB: All International Chief Instructors operate under the Technical Direction & Guidance of the BWK President, GE Swift Hanshi. All Club Instructors will be sent an up to date BWK Regulations & Grade Syllabus prior to the start of New Year. Amendments will be added as and when they occur.

17. INSTRUCTORS/EXAMINERS

All Instructors MUST:

- (a) Hold an up to date BWK Licence.*
- (b) Hold an up to date Instructor's Insurance Cover.*
- (c) Have 'sole' responsibility of at least one club in order to qualify as 'Instructor Status'.
- (d) Be of at least 18 years of age.
- (e) Hold the rank of at least Shodan.
- (f) Hold a valid CRB (or equivalent) Certification, which may be obtained through British Wadokai.*
- (g) Hold a current First Aid Certificate.*
- (h) Attend the regular 'BWK Standardisation Courses' and 'Examiners Courses' held regularly throughout the year (geographically permitting).

All Trainee/Assistant Instructors MUST:

- (a) Hold an up to date BWK Licence.*
- (b) Hold up to date Instructor's Insurance cover.*
- (c) Hold a valid CRB (or equivalent) Certification, which may be obtained through British Wadokai.*
- (d) Hold a current First Aid Certificate.*
- (e) Be under the guidance of a fully qualified BWK Club Instructor.
- (f) Be of at least 18 years of age.
- (g) Hold the rank of at least 3rd Kyu.
- (h) Attend the regular 'BWK Standardisation Courses' and 'Examiners Courses' held regularly throughout the year (geographically permitting).

All Junior Assistant Instructors MUST:

- (a) Hold an up to date BWK Licence.*
- (b) Be of at least 3rd Kyu.
- (c) Be of at least 14 years of age.
- (d) Be under the DIRECT guidance of a fully qualified BWK Club Instructor.
- (e) Have passed the BWK Junior Assistant Instructor Qualifications with certification.
- (f) Attend the regular 'BWK Standardisation Courses' and 'Examiners Courses' held regularly throughout the year (geographically permitting).

All Examiners MUST:

- a) Hold an up to date BWK Licence.*
- b) Hold the required Yūdansha level for grade assessment.
- c) Hold an up to date 'Examiner's Certificate' (Direct/Full Membership) issued by the President.*
- d) Attend the regular 'BWK Standardisation Courses' and 'Examiners Courses' held regularly throughout the year (geographically permitting).
- e) Attend any periodical BWK Grading Courses (geographically permitting). NB: 1-Day Courses are held in BWK-UK. (Courses for Yūdan Assessors are generally held during BWK Yūdan Gradings and on other occasions throughout the year). Please refer to the Date Section for further details.
- f) Use a British Wadokai Examiner's Stamp (or signature) to make official the promotion within a graded student's Licence.



- g) Send in all Examination Grade Sheets, or copies, to the BWK Licence Office for registration (email attachments are accepted).

***It is the SOLE RESPONSIBILITY of the relevant Instructor/Assistant Instructor to ensure validity to these requirements.**

NB: 'Instructor' status and 'Examiner' status are separate qualifications/titles and must be achieved independently. Failure to attend the regular BWK Standardisation Courses *may* result in loss of grading powers.

Instructor Levels

1. Junior Assistant Instructor (age 14-17, 3rd Kyū & over).
2. Assistant Instructor (age 18+); Assistant Club Instructor Insurances are covered under the presence of the 'registered' BWK Leading Insured Club Instructor.
3. Senior Assistant Instructor (age 18+, Insured, CRB, 1st Aid, 1st Kyū & over); Assistant Club Instructor Insurances are covered under the presence of the 'registered' BWK Leading Insured Club Instructor.
4. Instructor (age 18+, Insured, CRB, 1st Aid, 1st Dan & over); Club Instructor Insurances must be obtained through the BWK's insurance supplier.
5. Senior Instructor (age 18+, Insured, CRB, 1st Aid, 3rd Dan & over) - *Instructor of Instructors*. Instructor Insurances must be obtained through the BWK's insurance supplier.

NB: For Instructor Insurance, please contact British Wadokai's Insurance Broker/Supplier.

Examiner Levels

Yūdansa, once qualified through attendance of the British Wadokai Standardisation Courses, may grade up to & including the following levels.

1. Level 1: Shodan, may grade up to & including 6th Kyu.
2. Level 2: Nidan, may grade up to & including 3rd Kyu.
3. Level 3: Sandan & above, may grade up to & including 1st Kyu.
4. Level 4: Sandan & above. Please refer to Section 20.

18. CRB Criteria (UK only)

The following offences will be considered.

- Murder.*
- Rape.*
- Sexual Crime.*
- Convictions involving children or vulnerable adults (in any form).*
- Crimes involving dangerous weapons. *
- Crimes involving endangerment of life. **
- Robbery. **
- Crimes involving violence. **
- Crime involving drugs. **

*** Following receipt of the DBS/Disclosure, the following offences shall be regarded as *totally unacceptable* for consideration into membership.**

**** Following receipt of the DBS/Disclosure, the following offences shall be reviewed and assessed *individually* for consideration.**

Outcome

In the event of an unacceptable report, after consideration of the individual application, the individual will not be granted any qualification, appointment, award, position or membership, BWK will inform the respective member that it may not be granted membership.

19. GRADINGS & ADVANCEMENT

Open Gradings.

BWK operates an 'Open Grading Policy', whereby BWK Members/Students may attend and grade at any BWK 'Open Grading' held within any club of British Wadokai. This policy was originally implemented so as BWK Members may be able to advance consistently; even though their own instructor/examiner may not possess the adequate qualification to promote higher than his designated level (see Section 11 of the British Wadokai Constitution). Any BWK Member may grade



at any of these 'Open Gradings' for their relevant Kyu Grade advancement, as long as the Examiner present has the adequate qualifications to grade the level attempting to be attained, etc. The student's own main instructor may 'advise' a student, in regard to his readiness, but would not be permitted to completely disallow him attending a grading, unless for reasons of attitude/etiquette, inadequate training or time-served requirement deficits, etc. *The student must learn from his/her own experiences.* Only the official BWK Grade Syllabus will be used & followed with no alterations or additions whatsoever.

NB: Kyū Grades start at 9th Kyū and must be followed through the ranking system correctly. There will be NO 'double-gradings' or 'grade-jumping' permitted within British Wadokai. If a student is eligible & ready to grade for a 'specific' grade then he/she must attempt the grading as & when gradings are available and required. If a 'Kyū-ranked' student is joining from another organisation/style then he must follow the correct protocols for correct 'recognition & advancement'. Please also refer to Page 2 of the BWK Licence Application Form for clarification.

Grading Junior Students and Students with Learning Difficulties.

Examiners have an opportunity in offering 'Môn' (Mon) grades to students attempting grades from 7th Kyu & upwards (and 8th & 9th Kyu in extreme case), for individuals who suffer from learning difficulties, *or simply to junior students who have a problem in grasping the whole syllabus.* For example: A student going for 6th Kyu may take their grading in three parts; Kihon & Renraku-waza (1st Môn), Uke-waza (2nd Môn), Kata and Jiyu-gumite (3rd Môn; the last part completed for full 6th Kyu award). The official designation for these levels would, for example a 6th Kyu who has achieved his 2nd Môn, would be *Ni-Môn Goh-Kyu*, etc. To award these Môn levels an examiner will simply place a length of black tape around the end of the student's existing coloured belt, during the Shomeisho Reishiki (award ceremony), as a guide to the student's progress towards his next colour belt. *Obviously upon the passing of the 3rd Môn, which equates to passing the full Kyu grade, the new colour-belt and certificate would be awarded.* For students who have been 'awarded' a grade, through overcoming physical and/or mental challenges within the grading, the Examiner may 'award' the grade. The licence may be marked, within the 'class-pass' segment, as Meiyō or as Shō (Meiyō 名誉 Shō 賞).

About the implications regarding examining during a Môn system grading.

Each Môn grading will be charged at the 'standardised' £5 at the time of grading/assessment and *must* be conducted by the same examiner all the way through to the final Môn, unless previous arrangements have been made. Each Môn promotion must be accompanied by the student's 'present' belt including a black stripe for Sho-Môn and two black stripes added for Ni-Môn, placed on each side of the obi. Only when all three parts of the Môn have been completed the student may be awarded with his new belt and certificate. The final payment of £5 for the 3rd Môn would then equate to £15, which is the cost of the full British Wadokai Kyu grade. The time interval for the 3rd Môn must equate to NO LESS than the official three month time-lapse between Kyu gradings.

All grades will be registered within BWK.

- (a) The relevant Grading Examiner must retain all Kyu Grade Sheets; a copy *may* be sent to the BWK Licence Officer when completed (email/post).
- (b) Kyu grade 'confirmed' registrations will be made upon the BWK Licence Renewal.
- (c) All BWK Yudan gradings will be conducted by the BWK President, Gary E Swift (8th Dan) Hanshi.

Official intervals/minimum training requirements for Kyu Grades.

- ☐ Beginner to 9th Kyu = Minimum 6 Weeks training duration.
- ☐ Kyu grade duration between each rank from 9th Kyu to 1st Kyu = Minimum 3 Months duration with a minimum of 12 Training Sessions at a Fully Registered BWK Club.
- ☐ Môn grade duration between each Môn from 9th Kyu to 1st Kyu = Minimum 1 Month duration with a minimum of 6 Training Sessions at a Fully Registered BWK Club.

A BWK Yudan Assessment Panel (YAP) is available to all Members. All Yudan Shinsa:

- (m) Will be charged per student prior to grading. See Charges.
- (n) Will be charged for Registration. See Charges.



- (o) Yudan Gradings will be conducted privately. Only people involved, or have been previously invited by the BWK President, may attend.
- (p) All applicants for Gradings must hold an up to date BWK Licence.
- (q) All applicants for Gradings of Sandan must be registered (and insured) as an Instructor/Assistant Instructor of a regular Dojo.
- (r) All applicants for Gradings of Yodan, and above, must be registered (and insured) as a Main Instructor of a regular Dojo.
- (s) All Senior Yudansha will be judged & marked for a pass as: 82% (and above) Practical. 82% (and above) Written.
- (t) All Junior Yudansha. If the applicant is classified as a junior, which is considered to be aged from 10 to 17, he may be awarded a senior level if the senior scores have been achieved (see subsection (g) above). However if a 'senior' score has not been achieved a 'Junior Yūdansha' (Shodan-ho/Jido-Shodan) pass will be accepted if scored for a pass of: 72% (and above) Practical. 72% (and above) Written.*
- (u) All Examiners, intending to be part of the BWK Yūdan Assessment Panel, must wear the appropriate Judges & Examiners attire (blazer, tie, etc.) or traditional Wado Karate-gi.
- (v) A Regional YAP Committee Meeting may be organised and convened, at any time, for the discussion, if necessary, for the registration-acceptance of new members joining from outside organisations already graded from Shodan.

***NB: Junior Yūdansha will not be granted grading powers or advancement opportunities until reassessment to full Shodan/Nidan has been achieved.**

NB: Yudansha Applicants: The student's MAIN INSTRUCTOR will issue, to the eligible member, a 'Yudan Shinsa Application Form'.

Official intervals/minimum training requirements/guidelines for Yūdan applicants:

- ❑ SHODAN: 52 BWK DOJO TRAINING SESSIONS = 78 Training Hours. From 1st Kyu to 1st Dan. (1st Kyu to 1st Dan = 9 months). Must have attended 1 of each Part 1, 2, 3 and 4 Standardisation Course*. Minimum age 10.
- ❑ NIDAN: 208 BWK DOJO TRAINING SESSIONS = 312 Training Hours. From 1st Dan to 2nd Dan. (1st Dan to 2nd Dan = 18 months). Must have attended 1 of each Part 1, 2, 3 and 4 Standardisation Course*. Minimum age 12.
- ❑ SANDAN: 312 BWK DOJO TRAINING SESSIONS = 468 Training Hours. From 2nd Dan to 3rd Dan. Must have attended 3 of each Part 1, 2, 3 and 4 Standardisation Course*. Minimum age 18. **
- ❑ YODAN: From 3rd Dan to 4th Dan = 4 of each Part 1, 2, 3 and 4 BWK Standardisation Course*. **
- ❑ GODAN: From 4th Dan to 5th Dan = 5 of each Part 1, 2, 3 and 4 BWK Standardisation Course*. ***
- ❑ ROKUDAN: From 5th Dan to 6th Dan = 6 of each Part 1, 2, 3 and 4 BWK Standardisation Course*. ***
- ❑ SHICHIDAN: From 6th Dan to 7th Dan = 7 of each Part 1, 2, 3 and 4 BWK Standardisation Course*. ***
- ❑ HACHIDAN: From 7th Dan to 8th Dan = 8 of each Part 1, 2, 3, and 4 BWK Standardisation Course*. ***

The British Wadokai Chief Instructor/Examiner may award grades at any time, depending on individual circumstances, such as dedication and loyalty, etc.

* Standardisation, Advancement and Technical Courses. In the event that these Courses are considered 'geographically impractical' a Regional Chief Instructor may be delegated to oversee these standards with the implementation of 'Regional Standardisation Courses'. However, they themselves must follow the strict technical requirements as required by the British Wadokai Technical Committee; and must attend ALL the available Standardisation Courses to qualify as 'Regional Chief Instructors'. Advancement Courses will equate to two to one (for example, 2 Advancement Courses equates to one Standardisation Course for Yūdan grading purposes).

** The grade of Sandan (or above) is reserved as 'Teaching Rank'. All members who wish to pursue the rank of Sandan and/or above must have (or intend to have) a regular Dojo facility at which to teach from.



*** There are no gradings, at present, above 8th Dan within BWK. All applications for promotion up to and including 8th Dan may be presented through the normal channels (i.e. BWK President or BWK General Secretary).

The grade syllabus of 4th Dan and above was structured for BWK Members who may have not have necessarily trained, and/or graded, through the normal procedures of the full British Wadokai Grade Syllabus of 1st Dan to 3rd Dan. This process was introduced due to members from outside organisations (*not connected with Sensei Tatsuo Suzuki Hanshi*) joining BWK with already established Yudan ranks from their previous affiliations, etc. There are no practical gradings for BWK Full Members who have completed/passed all BWK Yudan grades from 1st to 3rd Dan. However, BWK *may* accept 'special conditions' for Yūdan application of 4th Dan & above from British Wadokai memberships. The BWK Chief Instructor also reserves the right to award and promote any individual, due to extenuating or exceptional conditions from 1st Dan to 8th Dan. See also Section 8.

NB: It is required that all BWK members wishing to pursue Yūdan Shinsa should have attended the minimum BWK Standardisation/Advancement Courses (please refer to Yudan Shinsa Application Form). In respect to 'Dojo Training Sessions' this **DOES NOT** include 'Dojo Teaching Hours' (unless as Assistant Instructor) and should not be recorded onto a BWK Club Attendance Card.

BWK Dan Grade application:

- (h) It is the member's own responsibility to send the application at least TWO months prior to the grading date. See Date Section for details.
- (i) All aspects of the application form must be filled correctly and signed, including the correct remittance. Incomplete applications will be returned.
- (j) The applicant must grade on the applied grade date, or forfeit the grading fee.

NB: For applicants up to and including 3rd Dan; the BWK will only accept individuals for grading who have been recommended by their MAIN INSTRUCTOR to grade and who have achieved the minimum required [provable] training session record-history and Standardisation Course attendances. Applications for Yūdan grades may be refused/rejected without reason. Grading applications from 3rd Dan & above must be from individuals who teach or run their own Club/s.

Although both grades & titles can be applied for (through normal examination and/or written paper procedures), it must be noted that they can also be awarded by the BWK President through 'time honoured' dedicated research and contribution to the BWK. ONLY the BWK President, taking into consideration loyal and dedicated-contribution to BWK etc., will 'award' Yūdan grades.

BWK Yūdan Gradings in the UK are available regularly through the year, and are listed in the BWK Date Section.

Recommendations for students who have failed various gradings.

Grade Failure.

It is a general rule that the following recommendations are observed.

Failure of Kyu Gradings.

Upon a Kyu grade being failed the student must produce a minimum training session record, *FROM FAILURE DATE*, of 8 training sessions AND 8 weeks before the retake can be honoured by the examiner.

Failure of Dan Gradings.

Upon any Dan grade being failed (irrespective of written, practical or both) the student must produce a minimum training record, *FROM FAILURE DATE*, of 52 training sessions AND 6 months before the retake can be honoured by the Yudan Assessment Panel. However, students will only be required to retake the element/s they have failed on. (If the student has only failed the practical he does not need to retake the written, and/or vice-versa). However, the part/element re-take facility will only be valid for 12-months from the original failure date; after this time both elements will have to be retaken.



To clarify: In the event of a 'retake', due to a failure, illness or non-attendance, the applicant may reapply for a second attempt after 6-months from the failure date (application must be submitted in the usual way at least one month prior to the actual grading date (see Date Section for details)).

In the event of a failure, all previous training history/accumulation, on and prior to the failure date, would have to be re-accumulated. In the event of 6-months this would still be a minimum of 52 BWK TRAINING SESSIONS = 78 Training Hours PROCEEDING the failure date/day.

All applicants MUST reapply using the official Yudan Shinsa Application Form, available from your instructor, British Wadokai Administration Department, or British Wadokai Website.

Private Dan Gradings under the BWK Chief Instructor.

Private Yūdan Gradings can be arranged at the BWK-Honbu at a charge of £250, which also includes the written and practical elements.

Private gradings will be run simply for the 'grading', and will not include any pre-grading training. Just to reiterate: Private Gradings will be for 'grading assessment only' and will be conducted at the BWK Honbu by prior arrangement with the Chief Instructor. Applicants are responsible for their own Uke-Mi. Please contact the Chief Instructor for details and availability. Tel; 01752-493210 or Email; garyswift@hanshi.com

NB: All private gradings, which are to be conducted elsewhere, will incur a travelling charge of 40p per mile (round trip), plus any accommodation costs. Applicants will also need to arrange/book, at their own cost, an 'adequate' venue (required booking time 3-hours; which includes time for the written examination process).

20. EXAMINER GRADE LEVELS

All BWK Yūdan level grades will be conducted under the direction of Gary E Swift Hanshi. All BWK Examiner Qualifications and Levels are standardised by the BWK President.

Grade Examiners Levels are issued at the BWK Examiner/Standardisation Courses, and are categorised as follows:

Examination Levels:

Level 1: May grade up to 6th Kyu.

Level 2: May grade up to 3rd Kyu.

Level 3: May grade up to 1st Kyu.

Level 4: May grade up to & including 8th Dan *

Level 5: Chief Examiner/Assessor **

* Level 4 Examiners may only assess Yūdan Level grades as part of the **British Wadokai Yūdan Assessment Panel**, headed by the BWK Chief Instructor. Qualified BWK 3rd Dan Examiners may attend the Yūdan Assessment Panel for 1st Dan Examinations. Qualified BWK 4th Dan Examiners may attend the Yūdan Assessment Panel for 1st/2nd Dan Examinations. Being 3rd or 4th Dan does not 'automatically' make a Panel Judge (this would be through invitation and/or qualification only).

Breakdown of Level 4 Examiner Qualifications:

** Level 5 Examiner is reserved for the British Wadokai President/Chief Examiner.

In the absence of the Chief Examiner the Assistant Chief Instructor may take over all duties of the President.

*** Panel Examiners Input. Level 4 Panel Examiners may only assess individuals to the rank of one grade below their own grade.

Qualified Yūdan Shinsa Examiners of 6th Dan & above may be responsible for 'Regional Yūdan Assessments' as & when required. Please contact the BWK Chief Instructor for details.

Official BWK Yūdan Assessment Panel (YAP):

The BWK Black-Belt Grading/Assessment Panel will consist of:

- ☐ The BWK President/Chief Instructor, Gary E Swift Hanshi.
- ☐ Invited Registered/Qualified BWK Examiners (3rd Dan & above).

21. BWK RANKING SYSTEM

Kyu Grade Ranks.

- ☐ Mu Kyu = White belt (beginner).
- ☐ 9th Kyu = Red belt.



- ❑ 8th Kyu = Yellow belt.
- ❑ 7th Kyu = Orange belt.
- ❑ 6th Kyu = Green belt.
- ❑ 5th Kyu = Blue belt.
- ❑ 4th Kyu = Purple belt.
- ❑ 3rd Kyu = Brown belt.
- ❑ 2nd Kyu = Brown belt, with one white stripe.
- ❑ 1st Kyu = Brown belt, with two white stripes.

Dan Grade Ranks.

- ❑ Shodan-ho/Jido-Shodan = Black belt, normally awarded to qualified junior members of 10 to 17, or other applicants for Shodan who may be unable to qualify for full level criteria.
- ❑ Shodan = Black belt.
- ❑ Nidan = Black belt.
- ❑ Sandan & above = Black belt.

Junior Yudansha advancement: Promotions for 2nd and 3rd Dan will only be considered once the applicant has been assessed and passed as a 'senior'.

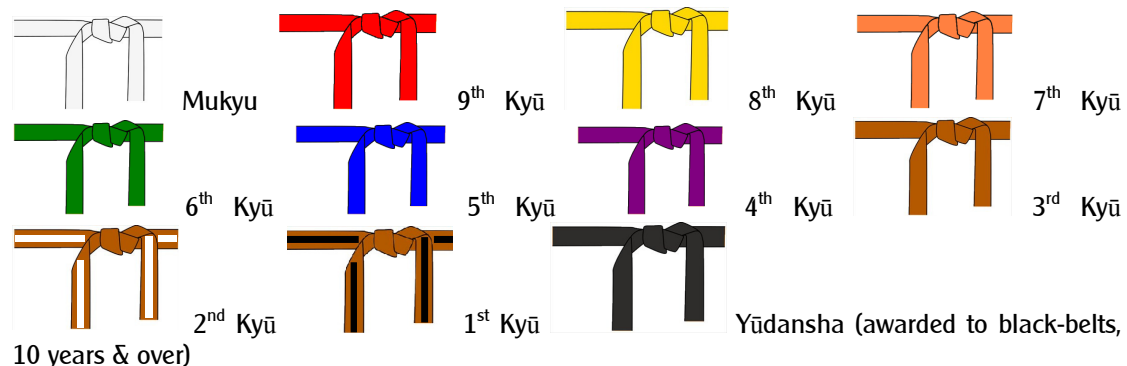
Official BWK Dan grade rank colours.

- ❑ Yudansha = Black Belt (10 years and upwards). There will be no 'stripes' or distinctive discrimination between Yūdansha grades.

Black-Belt Rank titles:

- ❑ Shodan = N/A, *Senpai* (can be referred to as Sensei if teaching).
- ❑ Nidan = N/A, *Senpai* (can be referred to as Sensei if teaching).
- ❑ Sandan & above = Sensei & Privilege titles start here. See below for Shogo.

The Dankyu grade structure of British Wadokai Karate.



Teaching Titles - Shogo

Martial Artists often use Sensei to distinguish instructors of a particular Ryu. Junior and Senior students are often organised via a senpai/kohai system. Other titles are conferred loosely and under no particular standardisation. They often follow the commonly used black belt or Dan system of ranking. The usage of these titles is quite common outside of Japan and is subject to much interpretation. Hanshi, and the lower level titles, Kyoshi, Renshi and Tashi, are what are known as Shogo, teaching titles. The following explanations assume that Judan (10th Dan black belt) is the top rank within a style. These are loosely defined:

Shogo; Instructor Rank Titles.

Meijin (名人) Grand Master (10th Dan).

Hanshi (範士) Model teacher (8th Dan & above).

Kyoshi (教士) Master instructor/teacher. This title is usually awarded to one who has achieved a rank of 7th or 8th Dan black belt (shichidan/nanadan (七段) or hachidan (八段)). Kyoshi are typically regarded as those who have distinguished themselves as expert teachers or instructors.

Renshi (錬士) Senior Expert. Often refers to an advanced instructor. Renshi also means "one who has mastered himself." In many styles, it is awarded around the 5th Dan *godan* (五段) or 6th Dan



rokudan (六段) black belt level.

Tashi (達士) Experienced Practitioner. Awarded to those of 3rd Dan to 5th Dan who show exceptional skill in their practical, technical and theoretical studies.

Technical Titles.

Shihan (師範) refers to the senior instructor of instructors or expert teacher. This title is usually conferred at a Chief Instructor of 7th Dan (shichidan) or upwards ranking, usually by a senior leader or leadership within an organisation. This title is given to a senior instructor who has distinguished himself as a teacher of teachers.

Sensei (先生) is a Japanese title used to refer to or address teachers, professionals such as doctors and lawyers, politicians, clergymen, and other authority figures. It is also used to show respect to someone who has achieved a certain level of mastery in an art form or some other skill: accomplished novelists, musicians, and artists are addressed with the title in this way; for example, Japanese manga fans refer to manga artist Osamu Tezuka as "Tezuka-sensei." *Sensei* is also one of the common Japanese martial arts titles used for Sandan & above. Other alternative Sensei titles include Shido, Shido-shi, Shido-in, etc. **Shishou** (師匠) is also used as a name for a martial arts instructor, although not used in Wadoryu.

Senpai/Senpei (先輩) is a Japanese term for a person in a club or other organisation, including a school or college, who is a senior (in other words, a member for longer or of a higher year) and mutually recognised as such. In Wadoryu someone from 1st Kyū to 2nd Dan may be referred to as Senpai. The junior counterpart is called kōhai (後輩). *Senpai* is often seen Romanized as sempai, in accordance with the initial version of the Hepburn Romanisation system.

Shogo Titles and Advancement Criteria.

Title	JKF-Wadokai Prerequisite adopted by BWK.
Tashi	3 rd Dan for at least 2 years and at least 25 years of age.
Renshi	4th Dan for at least 2 years and at least 35 years of age.
Kyoshi	Renshi for at least 5 years or 6th Dan [or higher] and at least 45 years of age.
Hanshi	Kyoshi for at least 10 years, or 8th Dan or higher and at least 55 years of age.

The History

In 1895 the Japanese government created the Dai Nippon Butokukai, the main function of which was to oversee all martial arts in the Japan. In 1899 they built the Butokuden to hold demonstrations, tournaments, collect weapons, and all historical information on combative traditions. They were the very first to award the titles of Hanshi, Kyoshi, and Renshi in a martial arts fashion. Before that Kyoshi and Renshi were used by the military. Nowadays many Japanese martial-arts award the 'Shogo' titles amongst the most dedicated and valued members.

Hanshi: Hanshi translates to 'Role Model' someone of extreme skill and enlightenment that you are to 'model your life and practice after'.

Kyoshi: A Kyoshi was responsible, in feudal times, for the training of soldiers in war and tactics. A literal translation of "Kyo" means philosophy or professor. So in essence a Kyoshi is a person capable of 'teaching the philosophy of the martial arts'.

Renshi: A Renshi is, in an historical sense, a man who leads a group of soldiers by virtue of his superior technical ability. The literal translation of "Ren" Is polished or tempered "Shi" is a person or in this case a teacher so it translates to a 'skilled teacher'.

Tashi: Relates to an 'Experienced Practitioner'. The Shogo of Tashi would normally be awarded to those of 3rd Dan, and/or 4th Dan, who show exceptional skill in their practical, technical and theoretical studies.

After Japan became a Constitutional Monarchy at the end of the Tokugawa period, this ranking system replaced the traditional method of awarding a Menkyo Kaiden to students upon their mastery of a martial system. In family based systems, when the most capable student was not a blood relative. He would be formally adopted to continue the family tradition and become the next Soke. Soke is another title many use in an incorrect fashion. Soke **does not mean** grand master or 10th Dan or for that matter a founder of a system. Soke originated as a Chinese word (Mandarin *zongjia*) with strong familial and religious connotations. Etymologically it is written with glyphs



indicating a family that performs ancestor rites.

12. ANNUAL MERIT AWARDS

British Wadokai Awards Criteria

- Criteria for British Wadokai's **Crusader Award**.
Awarded to individuals who (these examples are not exhaustive); actively teaching and promoting pure British Wadokai Karate, selflessly & actively promote British Wadokai, Demonstrate Exemplary Dedication & Loyalty to British Wadokai, etc.
- Criteria for British Wadokai's **Flagship Award**.
This award is given to clubs who (these examples are not exhaustive); have 1st class Dojo facilities, highest score percentage of student Kyū grade passes, 1st class administration, lowest application form discrepancies, best club discipline, best club etiquette & respect, demonstrates 100% membership commitment to British Wadokai. Exemplary Dojo infrastructure and standards.
- Criteria for British Wadokai's **Student/s of the Year Award**.
Awarded to individuals who (these examples are not exhaustive); show 100% dedication & loyalty to their club and to British Wadokai.
- Criteria for British Wadokai's **Sensei of the Year Award**.
As far as 'Sensei of the Year' is concerned, we tend to look at their own students as the 'proof-of-the-pudding', as well as their own personal contribution and commitment.
- Criteria for British Wadokai's **Yūdansha of the Year Award**.
Loyalty and dedication is paramount, as well as an exceptional commitment to being involved with as many national & international events held by British Wadokai. Yūdansha do not necessarily have to run their own Dojo, but demonstrate an ability to commit to as many aspects of British Wadokai training, ethos, and infrastructure.
- Criteria for British Wadokai's **Unsung Hero Award**.
Awarded to individuals who (these examples are not exhaustive); work tirelessly in the background to help maintain the cohesion of the usual running of the Dojo. Take control of discipline and administration. Volunteer for various responsibilities to help in many aspects of the club's maintenance and support of the Sensei.

13. RULES OF THE DOJO

1. **No jewellery to be worn in the Dojo.** Any jewellery, i.e. a bracelet/ring etc., that is difficult or impossible to remove **MUST** be safely covered. The wearing of jewellery is not only considered 'bad etiquette' but also a matter of Health & Safety.
2. **Students must always be in possession of a valid up-to-date British Wadokai Licence;** and beginners must have possession within 3-weeks of regular training.
3. **Students must always arrive BEFORE the class starts;** it is disrespectful to turn up late to the Dojo. If you are unavoidably late for the 'bow-on': a. Bow to enter the Dojo. b. Kneel at the Dojo entrance and recite the Dojo-kun in your mind. c. Perform the 'bow-on' sequence. d. Stand, then bow towards the Sensei (Tachi-rei). e. Wait for the Sensei to acknowledge your presence BEFORE joining the class.
4. **Tachi-rei (standing bow).** Always bow upon: a. Entering and leaving the Dojo. b. Before and after addressing your Sensei, or, if your Sensei is addressing you. c. Before and after performing various techniques with each other.
5. **If the Sensei is not present,** the Sempai (most Senior) will start the class. All students must follow the Sempai as though he were the Sensei.
6. **During the session,** students must work with an attitude of seriousness and complete concentration. Laughing, swearing and talking cannot be permitted. Silence and seriousness during the session are the two rules that must be followed if a high level of training is to be sustained.
7. **Unless training has commenced, all students must bow to Yūdansha upon their arrival to the Dojo.**
8. **Rapid movement is an essential part of the training,** even as it pertains to lining up on command. This habit of moving quickly, without wasted motion and effort, will also help keep the class working smoothly as well as making the student instinctively responsive.



9. **When not training**, i.e. during breaks etc. Students must sit crossed-legged against the wall in the Shimoza (lower-house) area of the Dojo, or in the designated resting area/s away from the Dojo.
10. **You must always wear a clean & pressed white Gi.** Badges must be worn on the left-side of your Gi (arm/chest). Other badges, as country representation badges etc., may be worn on the right sleeve (*these are only issued & supplied by your Sensei*).
11. Only females, and students with special medical conditions, may be permitted to wear a T-shirt (white) under their Gi top.
12. **No student should leave the Dojo** (or ranks) during the session; unless he has prior permission from a Sensei or Sempai to do so (this is for reasons of good etiquette as well as Health & Safety).
13. **On the command of 'Seiretsu'** students must line-up **quickly and quietly** in the proper grade/rank order in the Kiritsu/Kiotsuke (formal attention) position (Musubi-dachi). You must not pass in front of higher graded ranks to do this, but move in line behind your own, or lower graded, ranks.
14. **If a student must stop work**, for any reason, then he must **FIRST** obtain permission from his Sensei. **DO NOT JUST WALK AWAY FROM TRAINING - If you need a 'water-break' or need to use the toilet - ask the Sensei FIRST and always wait for permission to re-join the session! If using the toilet, always use footwear within the toilet environment.**
15. **All students must reply 'Hai-Sensei'** after a command has been given. During training, if you are approached by a Sensei for any reason, i.e. adjusting your technique etc., you must acknowledge the Sensei with 'Hai-Sensei' accompanied with a proper bow. Never direct techniques towards a Sensei, even for demonstration purposes.
16. **Each student must report when temporarily discontinuing lessons**, this is good etiquette.
17. **Unless you are the/a Sensei, or have been asked:** During line-up, whilst training in Fundamental and Renraku techniques, do not allow yourself to be distracted by other students in the ranks and start adjusting or 'teaching' them. Concentrate on **YOUR OWN** technique and allow the other students to learn at their own pace and by the Sensei.
18. **Finger and toenails are to be kept short and clean.**
19. **No drinking, eating, chewing gum, or smoking in the Dojo.** Refreshments may be consumed **ONLY** in the designated 'rest areas' during the break/s.
20. **A student who has undergone surgery**, or who suffers from any kind of medical condition or injury, will not be permitted back into regular training until a signed letter from the Doctor has been received by the Instructor. Your Sensei, as well as your working partner/s, must also be made aware of any ongoing condition.
21. **If at any time during training** the student requires to adjust his Obi or Gi, he must go down on one knee to do the adjustment. On serious adjustments the student may require to ask the Sensei in order to leave the ranks to go to the side of the Dojo, again, drop onto one knee for the adjustment/s.
22. **Seniority system:** All students must be aware that a higher ranked member to you is your senior, and must be obeyed as such while in the Dojo. Sempai (Brown-Belts and lower graded Black-Belts) are the Dojo 'Police-force' and are responsible for the discipline in the Dojo. Young as well as older Sempai **MUST** show a good example. Examples are always followed. No student should go directly to the Sensei without first attempting to gain the necessary knowledge from the next grade up. Each student, however, should make the necessary endeavours to learn the answers from continued practise and observations. The Sensei should be consulted **ONLY** as a final option.
23. **All Black-Belts must be referred to by title** NOT by name (Sempai, Sensei, etc.) while they are in their Gi, by all Kyu & Dan Grades, and all students must bow and respect them as they would **ANY** senior grade.
24. **The Sensei of a Dojo** must **ALWAYS** be referred to as 'Sensei' by students as well as well as Yudansha within the Dojo. All Black belts must refer to all higher graded Yudansha with the proper title, etiquette and respect **AT ALL TIMES**.
25. **A Sensei is always a Sensei**, not just while he wears a Gi. He must be respected inside as well as outside the Dojo. If he is your friend, do not take advantage of his friendship.
26. **The motto of the Dojo.** Practise hard in order to master the techniques of true Wadoryu Karate-do.
27. **Respect higher grades**, and refer to them with proper title, and have compassion and



empathy for your peers and lower graded students.

28. **Respect and revere your parents and elders**, respect other people. Respect property and all life. Also, respect yourself.

29. **Never use Karate outside the Dojo**, unless for self-defence. Understand the correct concepts, principles and implications of Sente & Karate-ni-Sentenashi.

NB: Parents & Visitors: Children must be dropped off and collected from inside the Dojo premises. Mobile telephones, and all other personal electronic equipment, must be switched off. No photographic or personal electronic equipment to be allowed inside the Dojo at any time. Parents/Carers may stay and watch the training session. However, you may be asked to leave if you 'involve' yourself, influence your child (or any other student), or interrupt, with any aspects of the training programme..

14. BOWING ON/OFF PROCEDURE

The 'traditional' method of lining up in the BWK Dojo is quite simple. On the command of 'Seiretsu' students must line-up quickly and quietly in the proper grade/rank order (highest ranks starting from the front-right working down to the lowest ranks on the rear-left) in equal rank & file in the Kiritsu (informal attention) position (Musubi-dachi). You must not pass in front of higher graded ranks to do so, filter in from the rear and side of your own line. All Sensei stand facing the rank & file of students. In the event that there is more than one Sensei, the highest graded Sensei would usually be positioned at the left of the lower ranked Sensei (this would then be in correct rank position during the 'Shomen-ni-rei', where the highest ranks must be on the right in the line up).

Traditional formality.

- Sensei: 'Seiretsu' (line up in correct ranks and files).
- Sensei 'signals' the Senpai to acknowledge the start of the bowing-on procedure.
- Senpai: 'Seiza' (all knee). *Those unable to kneel must stand at the rear of the Dojo in the Kiritsu position (attention stance with hands at the side).*
- Sensei: 'Dojo kun' (Dojo maxims).
- Deshi: 'Dojo Kun' (acknowledgement of reciting proceedings.)
- Sensei: 'Reisetsu O Mamori' (stick to the rules of the Dojo).
- Deshi: 'Reisetsu O Mamori'.
- Sensei: 'Shingi O Omanji' (be loyal to your Instructor).
- Deshi: 'Shingi O Omanji.'
- Sensei: 'Jojitsu Ni Oberesu' (students & Instructors are not all one, never take advantage of his friendship).
- Deshi: 'Jojitsu Ni Oberesu.'
- Sensei: 'Shinkenmi Ni Tesseyo' (be serious in your efforts).
- Deshi: 'Shinkenmi Ni Tesseyo'.
- Sensei: 'Mokuso' (*optional - quiet thought*).
- Students and Instructors shut their eyes for a moment of meditation to clear the mind of outside distractions etc., concentrating on the task ahead of serious Karate training and the concepts of the Dojo-kun.
- Sensei: 'Mokuso Yamae' (stop meditating) – all students and instructors open their eyes and look to the front. The Sensei will turn (clockwise) to face the Shomen (front), towards the Kamiza (shrine).
- Senpai: Shomen Ni Rei (bow to the front) – all bow.
- The Sensei turns (clockwise) to face the class.
- Senpai: 'Sensei Ni Rei' (bow to the Instructor) – all bow.
- Senpai: 'Otaga Ni Rei' (bow to each other) – Deshi bow.
- Senpai: 'Kiritsu' (come to attention. All stand at once, with the Sensei, to the attention stance – Musubi Dachi) – all bow.

15. JIYU GUMITE (Direct/Full Members)

The rules of Ji-yu-gumite (free-sparring) within the Dojo will be based on the fighting principles of BWK Competition Sparring. The exceptions are that Ji-yu-gumite allows **the controlled use** of knee,



elbow and grappling application. All Dojo Jiyu-gumite **MUST** adhere to the correct methods of 'contact-control', stated within the listed Contest Rules.

- (a) Due to insurance (Public & Person to Person Liability), only BWK Licenced Members would be permitted into the activities of Jiyu-gumite.
- (b) Prior to the start of the Jiyu-gumite, the Sensei/Senpai shall state any [further] restrictions within the sparring match - **THESE RESTRICTIONS MUST BE FOLLOWED & ADHERED TO AT ALL TIMES DURING THE SESSION.**
- (c) Bogu (protection). Students must wear the correct BWK recommended Bogu (Karate protection), which must conform to the white elasticised/velcro style or official competition (red/blue/white) equipment. For Jiyu-Gumite Bogu; hand mitts, shin & instep pads **MUST** be worn at all times (females should wear chest-guards for their own protection). Gum-shields and groin-guards are *heavily* 'advised' (gum-shields & groin-guards are **strictly required** within competition). *There will be no 'additional' padding allowed, such as head-guards or external body-shields, etc.*
- (d) If glasses or contact lenses are worn then clear-plastic sport impact-proof glasses/goggles may be worn over.
- (e) Students must be in good health, with no pre-existing illness/es or injuries.
- (f) Contact is limited to NO MORE THAN; 'medium contact' to the body/trunk only. Techniques must be 'pulled-short' of head/face contact.
- (g) Considerations must always be made to the age and capabilities of each opponent. Take each opponent as an 'individual' who may have differing needs and conditions to others to gain the best benefit from each club sparring-match. Club sparring is **NOT** competition; it is a practise and learning experience.
- (h) **There will be no technique/s directed towards the throat, neck, groin, or knee.**
- (i) No excessive contact or **DANGEROUS** throws or takedowns will be permitted. Deliberate violation of these rules will result in **instant exclusion** from Jiyu-gumite, leading to the possible expulsion from the club for persistent offenders.
- (j) **Students will be banned from sparring if it is considered that they may be a risk of danger to themselves or others.**
- (k) The Sensei has the right to implement additional rules and restrictions, which he sees fit, to promote safe and beneficial sparring within his Dojo.

Exceptions from sparring:

- (a) Students who suffer from **any kind** of MEDICAL CONDITION where the practise could be detrimental to the health of the participants.
- (b) Females, students under the age of 18, students over the age of 40, students with disabilities or pre-existing injuries, will not be '*forced*' into free-fighting of any kind.

NB: Students who DO NOT have the expected minimum protection for sparring will NOT be permitted to spar. Students will forfeit points/marks in gradings for non-participation in Jiyu-gumite.

16. LICENCES

Conditions of Membership & Training within a British Wadokai Dojo: All Students MUST have a valid British Wado Federation Licence-Membership before regular training.

A Licence will include:

- (a) Passport/Grade Book, as supplied by the BWF Licence Office.
- (b) Membership to British Wadokai, the British Wado Federation, International Wado Federation.
- (c) Insurance cover is for BWF-UK & British Wado Federation activities **ONLY**. NB: International membership will need to possess a separate National Insurance Cover for their country.

Licence/s

- (a) Are renewable annually and must be up-to-date at ALL TIMES whilst training. There must be NO BREAK in licence possession for correct grade intervals. See Section f.
- (b) Will be applied for via the British Wado Federation Licence Officer.
- (c) Application forms must be sent by post to the British Wado Federation Licence Office, by the applicant, only after it has been inspected & signed as *correct filled-in* by the Club Secretary/Instructor.



- (d) Reapplications may be applied for via email using the BACS process for payment. See application form.
- (e) No responsibility will be taken for loss or damage if Licences are applied for via 'hand delivery' through the Club Instructor/Secretary, etc.
- (f) In the event of a licence expiry, resulting in new licence-number being issued due to late renewal; grade progression is as follows.
 - **Kyū grade continuation/progression:** 9th Kyū to 7th Kyū can recontinue after 3-months from new licence number 'restart date'. 6th Kyū & above can recontinue after 6-months from new licence number 'restart date'.
 - **Dan grade continuation/progression** can be continued after at least 12-months (taking into account correct time-lapse intervals after this 12-month duration) from new licence number 'restart date'.
- (g) BWF Licences include £10m Employers Liability, Club Liability, Person to Person Liability, Public & Products Liability, Association Committee Liability, BWK/BWF Competitions. Please refer to Insurance Master Policy for further details and confirmation of cover.

BWF Licence Application will include:

- (a) 2 Passport style photographs (if new).
- (b) Remittance by Cheque, Postal Order or BACS Reference/s.

NB: Copy of previous licence may also be required (*where applicable*).

□ Licences that are out of date will be cancelled and grade registration records deleted.

All Licence Insurances & Memberships will CEASE IMMEDIATELY upon expiration date.

NB: Yudan grades may be re-registered, upon application, from the BWK President.

Further information regarding licences, found on Page 2 of the BWK Licence Application Form.

INCOMPLETE APPLICATIONS WILL BE REJECTED AND RETURNED

IMPORTANT INFORMATION & CONDITIONS - PLEASE READ BEFORE APPLYING

IT IS THE STUDENT'S RESPONSIBILITY TO SEND A FULLY COMPLETED LICENCE APPLICATION FORM DIRECTLY TO THE LICENCE OFFICE.

*** Please delete where appropriate. Renewal chit will be sent by email if post or email choice not indicated.**

New Licences – New licences must be obtained **WITHIN** 2-weeks of starting regular training (UK legal requirement). Check postage-weight with the Post Office **BEFORE** sending. A new Licence/Membership will commence from the date application is received by the IWF Licence Office. By obtaining a British Wado Federation Licence you are agreeing that this is your only active karate licence – *It is against International Sport-Karate Regulations to 'double-licence'.*

**** Family Members are discounted for 3 or more closed family units (immediate family with the same surname (parents & siblings) at the same address) and does not include distant relatives, aunts, uncles, cousins, etc. Family members must apply together on separate Licence Application Forms. Once a family has been issued with a 'Family Licence Facility' more family members can be added later @ £5 per additional member.**



Insurances – Cover is for all Wado Karate related activities organised within the UK membership of the British Wado Federation Governing Body. *Cover does not include training outside of the BWF and does not allow the use of metal-bladed weapons.*

For UK Personal Accident Cover, please contact our main insurance company.

Instructor Insurance Cover – 'Club Instructor Insurance' is only valid within **BWF Licenced Clubs** that have fully **BWF Licenced Participants & Members**.

Renewals – **DO NOT send your IWF Grade Book to the Licence Office for ANY reason.**

BACS Payments.

Bank: HSBC. Account Name: **British Wado Federation**. Sort Code: **40-36-25**. Account: **51421700**.

International Transaction Details.

IBAN No.: **GB98MIDL40362551421700**. Swift No.: **MIDLGB2149F**.



Important: Please email/send receipt or proof of payment to ojteich@gmail.com

Applications from other organisations - Depending on origination (origin of style, certification, lineage, etc.) grades registered within your existing karate licence will be 'automatically' transferred to your new IWF Grade Book upon acceptance; *please include scans of your previous (or present) Licence (or photocopy) for IWF records.* You will be able to continue your grade commencement, once you are in receipt of your new licence and are fully conversant with the requirements for progression. **Apply as New Licence.**

Late Renewals - *Firstly.* It is the sole responsibility of the individual to keep their insurance, licence, and membership up to date and valid. *Secondly.* It is considered 'negligent' for an instructor to allow students to train without adequate insurance. *You are placing yourself and your instructor at risk by training without insurance.* **Membership & Insurance will cease upon licence expiration.**

***** Replacement Licence Books** - To replace a Licence Book, which has been lost or damaged, you must use this form. **Replacement Licence Books are charged at £5.75** payable to the **British Wado Federation.** Your recent 'registered' grade will be stamped onto the replacement Licence Book.

****** Email Address** - By supplying your email address you are entering into an agreement that you would like to receive administration related to the British Wado Federation, Weekly Date Sections & Wado News! If you do not wish to receive this information, please let us know and we shall remove your email address from our database.

Licences must be obtained within 2-weeks of regular training and valid at all times.

YOU ARE NOT INSURED TO TRAIN, ATTEND COURSES, GRADE OR COMPETE IF YOU DO NOT POSSESS A VALID UP TO DATE LICENCE

Keep Licence with you, at all times, whilst at the Dojo.

Insurance.

United Kingdom National Benefits Insured: General Third Party Indemnity, Public Liability and Member to Member Liability, Instructor Insurance (where applicable); £10m. For Full Synopsis, please refer to Master Policy. BWK Insurance Covers all ages from 4 to 70.

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Updated: 1st September 2021

Insurance.

United Kingdom National Benefits Insured: General Third Party Indemnity, Public Liability and Member to Member Liability; £10m. For Full Synopsis, please refer to Master Policy. BWK Insurance Covers all ages from 4 to 70.

Instructor Insurance must be applied for separately.

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Insurance. For Full Synopsis, please refer to the Master Policy.

REMEMBER: If you suffer from any medical condition, it is important to ensure that your instructor is aware of these. It is also advisable that ALL applicants (especially over the age of 40) should have a Medical Examination **BEFORE** commencing into any physical activity related to the Martial-arts.

Once reapplication has been accepted all records are replaced.

17. REGISTRATION

All Kyu grades will be registered with the Licence Officer. The relevant Grading Examiner must retain all Grade Registration Sheets; a copy must be sent to the BWK Licence Officer when completed (by email or post).

18. BWK COMPETITION RULES

British Wadokai Competition Rules

KUMITE

Match area:

- The match area shall have a flat surface, with the correctly recommended standard of Tatami (matting), with necessary measurements taken for the prevention of hazard.
- The size of the area, in principle, shall be eight-metres square.



- c. Two parallel lines, each 1 metre long, shall be drawn at a distance of 1.5 metres from, and on both sides, of the centre point of the match area.

Contestants:

- a. The contestants shall wear clean white Karate-gi, and wear a prerequisite blue or red Obi.
- b. The contestants shall conform to all the necessary safety requirements and understand all the rules and regulations for Shiai.

Protection:

- a. Protection must be worn on the hand, shin and instep.
- b. Protection must be either white, or blue/red, and conform to the usual traditional Wadoryu Shiai-kumite and BWK protection specifications.
- c. A gum-shield and groin-protector must be worn.
- d. Females must also wear Karate chest protection.
- e. There will be no 'additional' protection permitted.



Officials:

1. All officials must have the necessary up to date BWK Judge qualifications.
2. Must have up to date BWK 'recognised' Licences.
3. Be dressed in formal attire (blazer, tie, etc.).

Kumite events:

- a. The types of match shall be: Individual Match. Team Match.
- b. The Individual Match shall be decided by SANBON-SHOBU or NIHON-SHOBU.
- c. The time limit for each match (Team & Individual Events) will be two minutes (junior events) or three minutes (senior events).
- d. The number of persons comprising a team will be THREE or FIVE, plus an extra for the reserve.
- e. Team Events will consist of an unlimited-accumulation point system; all team-member bout points will be added together for the end score of the match.
- f. The method of deciding a winning team will be based on the TOTAL SCORE in each team match-off.
- g. Each Team Match will start from 'scratch' when going through to following rounds.

NB: Both winner and loser's score, per bout, will be accumulated towards the end of the team match for scoring purposes for a total team point win. The winning team shall then go through to the next round. Scoring will be from scratch for progressing rounds.

Organisation:

- a. The judgement of the match shall be made by: 1 Referee and 1 (mirror) Judge. The advice of an Arbitrator may be taken into consideration, at the discretion of the Referee. *NB: An Arbitrator must be made available at all times, for such decisions.*

Scorekeeper:

- a. The Scorekeeper has the duty to hold the score of the match. He shall call "SCORE", once the full points (where applicable) have been reached by one of the competitors.

Timekeeper:



- a. The 'stopwatch' on the match shall be activated as soon as the command "HADJIME" has been given by the Referee, the command "JIKAN" will be the ONLY command, by the Referee, to pause time. The Timekeeper shall call "ATOSHIBARAKU", to warn that the time is nearly expired in the match, symbolising that only thirty seconds remain.

Contestants:

- a. The Contestants shall take up their positions on the aforesaid lines when called. Upon the commands, they will; bow to the Referee, bow to the Judge, then bow to each other. They will be given the command "YOHI", they will wait until the command "SHOBU-NIHON/SANBON-HADJIME", and this will be the signal for the match to start. When the command "YAMAE" is given, which would be followed by "SOREMADE" or "MOTO-NO-ICHI" etc., the contestants must return to their original starting positions.
- b. Exclusively the Referee shall run matches.
- c. In the event of a "HIKIWAKE" (draw), a tiebreaker extension of 1-minute duration may be held to decide the winner. In the event of a 'HIKIWAKE' during the Team event, the Team Captain may select a Team member to fight in the extension match.

Scoring:

The scores and the scoring areas are as follows:

- a. IPPON: A controlled technique to the body. A foot-sweep or takedown with follow-up.
- b. WAZARI: A controlled technique to the head. A foot-sweep or takedown to the floor. Forcing the opponent out of the fighting area using technical prowess.
- c. An Ippon will be awarded to a contestant who was subject to; a low kick or strike, facial contact (not serious), excessive body contact (but still able to continue).
- d. Contestants shall be INSTANTLY DISQUALIFIED for:
 1. Heavy contact to the head, face, neck, throat, groin, or knee.
 2. 'Dangerous' throws or takedowns.

NB: In short: ANY TECHNIQUE WHERE THE OPPONENT IS UNABLE TO CONTINUE AND IN THE VIEW OF THE REFEREE TO BE CONSIDERED DANGEROUS. Both competitors will not be permitted to continue in the event of disqualification due to excessive HEAD CONTACT.

- e. When an exact, effective technique WITH "KIAI" is delivered to the recognised scoring area/s, scores may be awarded. The conditions referred to shall mean:
 1. Good form.
 2. Good attitude.
 3. Strong spirit.
 4. Proper timing and distancing.

NB: A technique delivered simultaneously to the "TIME" call, may be counted in the score. Techniques delivered from either contestant, out of the fighting area, shall be considered invalid.

- f. In the event of a contestant who loses his fighting spirit, and turns his back on the attacker etc., the Referee may decide to award the match to the attacker, before time has expired.
- g. A win is decided when:
 1. A contestant has scored the required points within the time limit (individual events).
 2. A contestant has achieved the highest score within the time limit.
- h. There will be 'warnings' for *minor* offences/fouls, and points will be awarded against those who violate the rules of the Kumite.
- i. Deliberate contact to the excluded areas (throat, neck, groin, and knee) will result in INSTANT DISQUALIFICATION.
- j. Contestants must use, as striking techniques:
 1. CLENCHED FIST: Punch, hammer-fist, back-fist.
 2. FOOT: Ball, instep (high, low, outer, inner), side-edge, heel.
- k. Clinching, pushing and body crashing, wasting time, abuses, provocation, or needless utterances, as well as 'un-sporting' behaviour are prohibited.
- l. Other areas that will result in disqualification:
 1. Not obeying the Referee.
 2. Arguing with the decision of the Referee, or Judge/s.
 3. In the case that the act of a contestant who becomes so 'over-excited', to the extent that he is, or may be considered by the Referee as a danger to his opponent.



4. All other acts that are deemed to be violating the Rules of the Match.

Injuries or accidents during the match:

- a. When a contestant who suffered a minor injury, not serious enough to disable him from the match, refuses to continue, he shall be declared the loser.
- b. An injury sustained simultaneously to both contestants to whom both are responsible, the match shall be declared a draw.

Protests:

- a. The Referee's decision is FINAL.

Judge:

- a. The Judge shall stand opposite the Referee inside the area at the start of the match. He will assist the Referee. He shall signal his opinion by holding his arm in the air so it is visible to the Referee at the time of the manoeuvre. He shall exercise a right to a vote in the decision of the match.

Arbitrator:

- a. The Arbitrator will be responsible for keeping score (if needed), shouting "SCORE", when the necessary points have been reached, so as the Referee may hear. He shall exercise a right to a vote in the decision of the match.

KATA

Official Kata:

- a. The official Shiai-Kata for BWK events will consist of the following Wadoryu Kata: Pinan; Shodan, Nidan, Sandan, Yodan, Godan; Ku-Shanku, Naihanchi, Seishan, Chinto, Bassai, Wanshu, Ni-sei-shi, Rohai, Ji-tte, Ji-han, Ji-in. Shiai-kata will also include the non-syllabus kata; Shinsei, Juroku, Seienchin, Seisan and Suparinpei. Restrictions may be imposed for grade level and or/age of the corresponding event/s, etc.

Contestants:

- a. Must be in possession of an up to date BWK 'recognised' Licence (*it must be in the safe possession of the competitor, at all times, for verification of age, grade and insurance, etc.*).
- b. Competitors will be placed in groups relevant to their category.
- c. Competitors have the choice of the numerous 'Official Kata' listed for their category.
- d. Individual Events. At least two Kata must be known, as the choice of Kata must differ through each round.
- e. Pairs & Team Events. One kata may be selected from the official list.
- f. Competitors will be judged in pairs (of Individuals/Pairs/Teams), in order of relevant selection, from the 'Competitor Sheet'.
- g. Judges will be issued with two flags, one blue (Ao/Aoi) and one red (Aka).
- h. The Competitor, once called, will bow at the perimeter marker/line and walk to the designated 'start-line indication' inside the competition area. The Competitor will bow and announce his choice of Kata he will perform. The Competitor will assume the Yohi position (appropriate for designated Kata) and demonstrate the aforesaid Kata. Return to the original position (Yamae) once completed and bow. The competitor will then walk backwards to the perimeter line and bows again before assuming position in the designated waiting area just outside the competitor/mat area.
- i. When both Aka and Ao have completed their selected Kata the Chief Judge will call for the competitors to return to the mat. The Chief Judge will then call "Hantei". This will be the signal for the competitors to position themselves, facing the Chief Judge, and for the Judges to prepare to make their decision between the competitors' performances.
- j. A decision will be made as to the 'best' performer. The winning competitor would then be selected to go through to the next qualifying round/s. This process would be done continually, until all competitors have been eliminated, to declare the final results, etc.
- k. Upon the necessity of 'Repechage', the relevant competitor will be matched in the finals. Selections will then be made, by performing in the last round, as to the placing of 1-Gold, 1-Silver, and 2-Bronze etc.



Organisation:

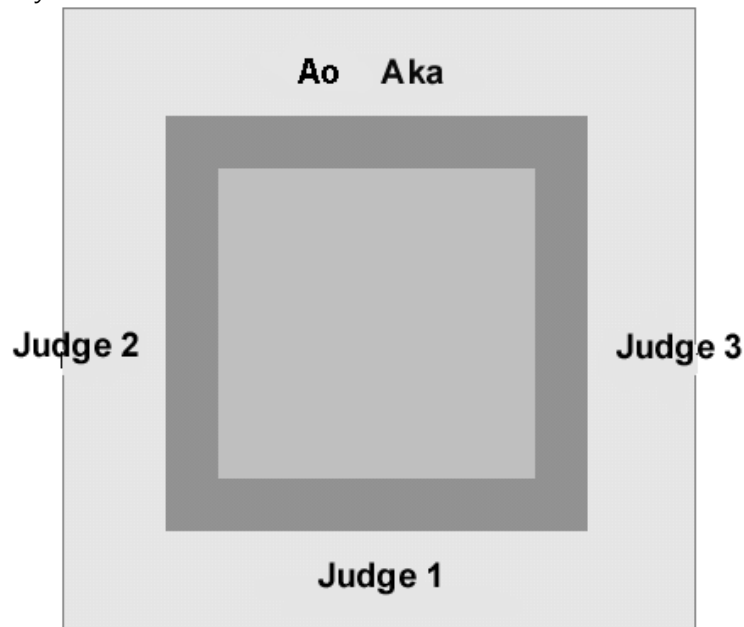
- There will be 3 or 5 Area Judges who will determine the Judgement of the match.
- All Kata will be Judged to official BWK Wadoryu Standards, allowing for technical Wado source-differences between each Wado 'style'. Each Kata will be judged on its individual aesthetic performance and presentation (there will be no penalisation for technical differences).

Judges:

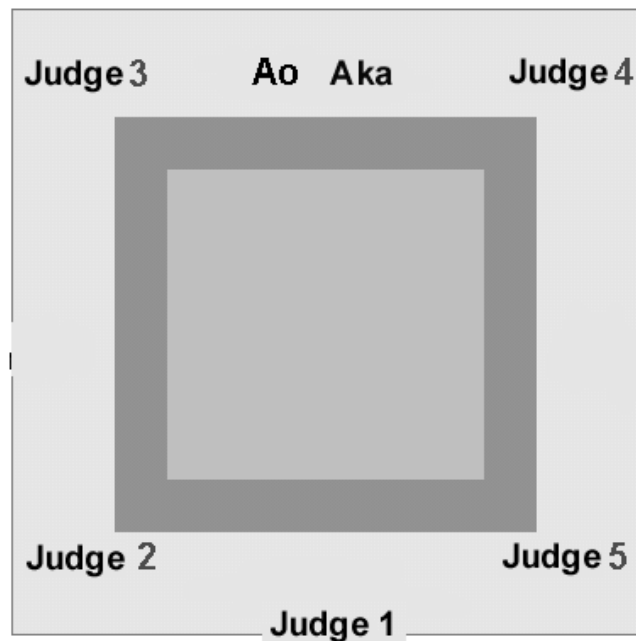
- Judges must be licensed & qualified and wear the correct attire (blazer, tie, etc.). *A Karate-gi may be acceptable at Club Level Events only.*
- Judges will sit at the designated 3 or 5 match area side-lines.
- There will be no communication between Judges, unless for 'technical' clarification etc. However, final decisions must be made independently.
- The blue flag will be held in the right hand and the red flag is to be held in the left.
- Example of Ao and Hikiwake (draw) decision. The position of each Judge's flag is shown below for Ao and Hikiwake (flags crossed). *NB: There will be no 'draws' permitted in the final rounds.*



- Three Judge Layout.



- Five Judge Layout.



Judge:

- a. The Chief Judge will call the relevant competitor to the match area (Ao followed by Aka). The performer will take up his position at the start point (in kiritsu), name his Kata of choice, and take up the relevant 'yohi' position. The performer will complete his Kata (assume yamae, naore, tachi-rei), and then return to the 'outside' area of the mat.
- b. When both competitors have completed their Kata, the Chief Judge will then call "Hantei". This will be the signal for the competitors to position themselves facing the Chief Judge.
- c. The Chief Judge will then blow his whistle; this will be the signal for all judges to display their favoured Kata performer with either the Aka or Ao flag/card (or, in unusual extenuating circumstances, both to signal a 'draw'). There will be no 'draws' permitted in the final rounds.
- d. All Judges must display their flag for a decision immediately upon the first whistle, and return the flags upon their laps upon the second whistle.
- e. The Table Administration will then record the decision and take the necessary procedures for match continuation.
- f. This process will continue until consideration/s of the finals/reportage procedure/s.

Standard Kata Categories. (More categories may be included when necessary. Refer to relevant event application form):

1. Age 9 and under mixed.
2. Age 10 to 12 mixed up to and including 4th Kyū.
3. Age 10 to 12 mixed 3rd Kyū and above.
4. Age 13 to 15 mixed up to and including 4th Kyū.
5. Age 13 to 15 Girls 3rd Kyū and above.
6. Age 13 to 15 Boys 3rd Kyū and above.
7. Team Category. Two or Three Team competitors of any age (Junior up to 15, Senior 16 & above), grade and gender.

Categories are subject to availability. Competitors may be transferred to another category without notice if certain categories are insufficiently supported.

INJURY

In the event of an injury to a contestant, the Chief Judge shall HALT the match and call for MEDICAL ASSISTANCE. In the event that a competitor is unable to continue, the Chief Judge shall suspend/terminate the match. In the event of injury where a competitor is unable to continue, the individual/team shall be disqualified.



Injuries.

Competitors must be in a personal peak condition on day of competition. In the event of prior injuries, whether temporarily or permanent, individuals will not be permitted to compete in any event at any level until the injury has been 'cleared' by a physician. Permanent injuries will require individual assessment prior to competitive training progression.

TERMS AND MEANINGS USED BY THE CHIEF JUDGE

TERM	MEANING
Shomen-ni-rei	Bow to the front/Kamiza area and /or honoured guests.
Shinpandan-ni-rei	Bow to the Chief [Area] Judge.
Fukushin-ni-rei	Bow to the Judge/s.
Otaga-ni-rei	Bow to each other.
Hadjime	Start
Yohi	Prepare, ready.
Yamae	Stop (assume Yohi).
Aka	Red.
Ao/Aoi	Blue.
Aka (Ao) no-kachi	Victory to the red (blue).
Hantei	Balance, calling for a decision.
Hikiwake	Draw.
Fukushin-shugo	Calling the Judges. <i>Assemble/summon the Judges.</i>
Ao (aka) hansoku, aka (ao) no-kachi	Foul by blue (red), victory to red (blue).
Ao (aka) no-kikken-niyori, aka (ao) no-kachi	Victory by red (blue), due to renunciation by blue (red).

GYO-ENBU

Time & Timekeeper:

- The official time for all Gyo-Enbu events will be 60 seconds, unless otherwise stated prior to the Contest Date.
- The Chief Referee will signal the start of the Gyo-Enbu by the single blow of his whistle.
- The Timekeeper shall call "TIME" at the end of the 60 seconds, so that the Referee/s and Judges can draw their own conclusion as to 'how close' to the 'target time' the Gyo-Enbu has run.

Contestants:

- The process of etiquette, and the system of elimination, will be judged in the similar manner to that of Kata.
- Teams will wear the pre-designated red or blue belts.
- Competitors will be placed in a Kumite/Tatami area (matted), positioned on the marked starting points as marked side-facing the Chief Judge, after the pre-required bowing etiquettes.
- The competitors will bow to each other and start their Gyo-Enbu.
- Once they have completed their Gyo-Enbu the competitors will bow to each other then face the Chief Judge; then bow and leave the area.
- A decision will be made and scoring will be reflected as to the presentation.
- The Finals will be the 'placing' of; Gold, Silver, and Bronze.
- Scoring will be based upon the following criteria:
 - Presentation.
 - Within the required time-limit.
 - Technical ability and 'skill' factor.
 - Spirit and intensity.
 - Difficulty factor.
 - Realism.
 - Balanced ability from both team members.
 - Technical balance and consistency.



- i. There will be no use of 'props' or other external influences, such as, walls, weapons, objects, etc.
- j. Competitors will not be permitted the use of padding of any kind.
- k. Utterances (other than Kiai) are not permitted.

Organisation:

- a. 3 to 5 Judges will determine the Judgement of the match.

Judges:

- a. Judges will sit at the match area consistent to that of Kata Events (see Kata).
- b. Judgement/s will be made in the same way as for Kata Events (see Kata).

INJURY

In the case of an injury to a contestant, the Referee shall HALT the match and call for MEDICAL ASSISTANCE. In the event that a competitor is unable to continue, the Referee shall suspend/terminate the match. In the event of injury within the Gyo-Enbu event/s, the team shall be disqualified, if unable to continue.

Injuries.

Competitors must be in a personal peak condition on day of competition. In the event of prior injuries, whether temporarily or permanent, individuals will not be permitted to compete in any event at any level until the injury has been 'cleared' by a physician. Permanent injuries will require individual assessment prior to competitive training progression.

TERMS AND MEANINGS USED BY THE CHIEF JUDGE

TERM	MEANING
Shinpandan-ni-rei	Bow to the Referee/Chief Judge.
Fukushin-ni-rei	Bow to the Judge/s.
Shomen-ni-rei	Bow to the front (or Kamiza) and /or honoured guests.
Otaga-ni-rei	Bow to each other.
Shobu-nihon/sanbon-hadjime	Start of the two/three point match.
Hadjime	Start.
Yohi	Prepare, ready.
Yamae	Stop.
Tsuzukette-hadjime	Restart the match.
Soromade/Moto-no-ichi	Ordering the contestants to return to the starting position/s.
Jikan	Pause time.
Waza-ari/Wazari	Half point.
Ippon	Full point.
Jogai	Area (infringement)
Aka	Red.
Ao	Blue.
Aka (Ao) no-kachi	Victory to the red (blue).
Hantei	Balance, calling for a decision.
Hikiwake	Draw.
Encho	Prolonging the match.
Ai-uchi	Simultaneous contact.
Hansoku	Foul.
Hansoku-chui	Warning of foul.
Atoshibaraku	Countdown, 30 seconds remaining.
Fukushin-shugo	Calling the Judges. <i>Assemble/summon the Judges.</i>
Ao (aka) hansoku, aka (Ao) no-kachi	Foul by Blue (red), victory to red (blue).
Ao (aka) no-kikken-niyori, aka (Ao) no-kachi	Victory by red (blue), due to renunciation by blue



(red).

19. COMPETITION OFFICIALS QUALIFICATIONS

Officials.

- Level 1: Area Coordinator. Duties: Name check & categories, belt administration. Responsibilities: To ensure competitors understand requirements for relevant Kata event. To ensure sufficient belts available for all competitors. Requirements: A basic understanding of Wado Kata.
- Level 2: Area Administrator. Duties: Judge Administration (Kata: 1 Chief Kata Judge, 2/4 Kata Judge. Kumite Referee, Mirror Judge, Arbitrator, etc.). Responsibilities: Understanding of paperwork and basic running of passing through successful competitors to following round/s.
- Level 3. Senior Administrator. Duties: Include all of Level 1 & 2. Working knowledge of the Repechage system. Responsibilities: Ensure the smooth running of table and area coordination.
- Level 4. Kata Judge. Duties: Judge (Pinan to Chinto). Responsibilities: Understanding of requirements for judging a Kata event.
- Level 5. Senior Kata Judge. Duties: Judge Official Kata events (all BWK Kata). Responsibilities: Understanding of requirements for judging a Kata event.

Kumite

Judges and Referees for Kumite must have already qualified up to & including Level 5.

Judges/Referees.

- Level 6. Kumite Judge. Duties: Kumite Judge/Mirror Judge, Arbitrator.
- Level 7. Kumite Referee. Duties: Kumite Referee, Arbitrator.
- Level 8. Senior Kumite Referee. Duties: Senior Kumite Referee/Tatami-Cho.

Qualifications issued for British Wadokai Members.

- ☐ Senior Assessor: Gary Swift Hanshi, Ian Hunter (8th Dan) Kyoshi.
- ☐ Level 8: Gary Swift Hanshi.
- ☐ Level 7: Richard House 5th Dan.
- ☐ Level 6: Fallon Rayman 2nd Dan, Oren Teichmann 3rd Dan.
- ☐ Level 5:
- ☐ Level 4:
- ☐ Level 3:
- ☐ Level 2: Elizabeth Rayman 1st Dan.
- ☐ Level 1:

NB: Judges and Referee Courses will be held when required.

20. BWK SQUAD

The British Wadokai Squad Sessions are open to all BWK Licensed Members.

Training in Kata and Kumite will be conducted together, and selections for the Squad will be decided on commitment and training history. Required Kumite-Bogu (Kumite protection). Protection must consist of Hand mitts, shin & instep protection, groin-guard, chest protection (females), and gum shield.

In the event that you may compete within events organised by the National Governing Body, you may need to consider alternative variations of protection at some point. As these 'alternatives' can be very expensive, and the criteria changes fairly regularly, please don't invest in NGB protection at the moment, if you do not have any, just continue to use your 'club/association level' protection. Remember, club level protection is always consistent, NGB protection requirements change frequently.



The 'Elite Squad' requirements and criteria are measured on 'results' at Tournaments and Competitions, as well as continual attendance to the BWK Squad Sessions and Courses, which are essential, and will maintain Elite Status.

So just to summarise.

Categories/rankings within the British Wadokai Squad.

1. British Wadokai Squad Athlete: An attendee at the Squad Courses.
2. British Wadokai Squad Member (Kata): A Member 'selected' to represent British Wadokai at BWK Sanctioned Events (Wado) for Kata.
3. British Wadokai Squad Member (Kumite): A Member 'selected' to represent British Wadokai at BWK Sanctioned Events (Wado) for Kumite.
4. British Wadokai Elite/National Squad Member: A Squad Member who has achieved at least one 'result' from an official BWK/BWK Sanctioned Wado Event (Gold, Silver, or Bronze), in either Kata and Kumite.

Each student will be issued with his/her own training & result record, which must be kept safe and handed in for signing at each Squad (*or Squad related*) Session. This will be your only record of achievements in both attendance and placing within competitions. **SO PLEASE KEEP IT SAFE**

All Squad Members **MUST** also attend regular Dojo training sessions (at least once a week with an official BWK Instructor) and also attend the available BWK courses, including Standardisation Courses, etc.

Elite Squad Members will be 'automatically' selected for competition, as long as they have been up-to-date with all Squad Session attendances.

All Kata performed at British Wadokai Squad Sessions will be the original 'official' British Wadokai and Wado International Karate Federation's version of the Kata endorsed by Suzuki Tatsuo (8th Dan) Hanshi. By attending any other course outside of British Wadokai may be detrimental to the student's consistency within the form, so please ensure you retain 'in-house' training at all times.

British Wadokai Squad Members are permitted to attend any 'open' Squad Sessions outside of British Wadokai. However, British Wadokai Squad Members will not be permitted to be part of, or represent, any Squad outside of the British Wadokai.

The Official British Wadokai Kata are: Pinan Shodan, Pinan Nidan, Pinan Sandan, Pinan Yodan, Pinan Godan, Ku-Shanku, Naihanchi, Seishan, Chinto, Bassai, Wanshu, Ni-Sei-Shi, Rohai, Ji'tte, Ji'han, Ji'in, and Hakoishi-Suparinpei.

For progression onto the British Wado Federation National Team, which is the next level up, and the only other Squad BWK Members are entitled to be part of, *please see the BWK Head Coach or BWK Squad Administration for details*.

BWK Squad Members/Licensed Students are not permitted to represent outside organisations, as this will be considered in direct breach of *British Wadokai Membership Rules*.

21. BWK COACHES

British Wadokai Coaches are:

- National Kumite/Kata; Gary E Swift (8th Dan) Hanshi.
- Southern Regional Kumite; Ian Hunter (8th Dan) Kyoshi.
- Southwest Regional Kumite; Vacant.
- More when qualified.

22. BWK EXAMINERS LIST 2022

Includes the Official British Wadokai Black-Belt Examination/Assessment Panel.

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- **Level 5:** Gary Swift Hanshi. *Michael Rapley Kyoshi (BWK-Northeast).*



- **Level 4:** All Yūdan Assessment Panel Qualified BWK-Registered Adult Sandan & Above. Sub-levels include: Sandan Level 4/2. Yodan Level 4/3. Godan Level 4/4. Shichidan; 4/5. Hachidan; 4/7. *NB. Second digit represents highest Dan permitted to assess up to.*
- **Level 3:** All BWK-Registered Adult Sandan.
- **Level 2:** All BWK-Registered Adult Nidan.
- **Level 1:** All BWK-Registered Adult Shodan.

NB: British Wadokai Examiner Levels are determined by the presence of those who have attended the BWK Standardisation/Advancement Course and their presence and passing the requirements to assess upon an official British Wadokai Examination Panel. To stress the importance of 'Standardisation' non-attendance may result in loss of Examiner Status. British Wadokai Level Examiners may also make up an honorary position on the British/International Wado Federation Yūdan Assessment Panel for grading BWF Yūdansa at the official British, European, and International Wado Federation Yūdan Shinsa. British Wadokai Level Examiners may also be invited to be a part of a Yūdan Shinsa Assessment Panel; under the direction/invitation of the relevant BWF/IWF Member Group Chief Instructor.

23. BWK CLUB/ASSOCIATION CHARGES AS FROM NOVEMBER 2022

- a) IWF Licence, Membership (British Wadokai & National/World Wado-ryu Governing Bodies), Passport, Grade Record Book £30 GBP. NB: Licences are renewable annually from the BWK Licensing Office. Payable to **British Wadokai** through application. Renewal charge; £25. Family unit charge; £65 for 3 or more close-family members living at the same address.
- b) Kyū Level Gradings £20:00 GBP (includes Registration, Certificate & Belt). Payable to relevant Examiner/Club. * **
- c) BWK Yūdan Gradings for Members (1st to 3rd Dan) £150 GBP (includes Full Grading (theory & practical). Registration to all member National and World Governing Bodies, Chief Examiner Expenses, Dojo Rent/Overheads, Certification and Belt (Belt for Shodan only)). BWK Yūdan Grading Retake £150; payable to **British Wadokai** through application.
- d) BWK Promotional & Honorary Grades are issued **FREE OF CHARGE** by the BWK Chief Instructor/President (however the registration fee, for 1st to 3rd Dan, of £75 will be required, payable to BWK, from the awarded member).
- e) Shogo titles are issued **FREE OF CHARGE** by the BWK Chief Instructor/President.
- f) *Recommended* Training Session Fee £6:00 GBP per [1-hour] session. Payable to the relevant Instructor/Club. **
- g) Instruction from BWK Chief Instructor £100:00 GBP per hour (or part), for the first hour (reduced to £75:00 GBP per consecutive training hour/s), plus expenses; travelling costs (45p per mile), and accommodation (if necessary), etc. **NB: Special concessions for BWK-Honbu Direct Member Clubs (non-associate): In most cases there may be no charge for teaching. However, due to wear & tear of motor vehicle, the charge of 45p per mile will be asked; plus an optional 'donation' to BWK Funds.**

* Template Kyū Level Certificates can be downloaded (FOC) from the BWK Website.

Belts can be obtained through Martial Arts Suppliers and/or Warehouses, etc. Finalised Grade Sheets can be sent to the BWK Licence Office for Grade Registration.

** Charges may vary *slightly* from Club to Club.

CHARGES MAY CHANGE WITHOUT PRIOR NOTICE

Disclaimer.

NB: Due to the nature of the Rules & Regulations, and implementation of various regular updates, detected discrepancies and conflicts may occur.

If any discrepancies are detected, please contact the British Wadokai Chairman immediately.

Thank you for your cooperation.