

British Wadokai Karate-do Federation

TEMPORARY INSURANCE COVER & REGULAR TRAINING CONDITIONS

All members must hold proof of an up-to-date British Wadokai Licence/Grade Record Book and proof of National Insurance cover *PRIOR to* regular training. It is considered negligent for an Instructor to allow students to train without adequate insurance.

Full name		
Address		
		Post Code
Telephone	Email	

I understand that I am training *FREE OF CHARGE* and that I am training as part of an introductory process prior to regular training. After my introductory session, and upon my decision to undertake training on a regular basis, I shall ensure to take out the membership & insurances required by the **National Governing Body** and pay the necessary club subscriptions. I understand and accept that the practise of a combat art *or contact sport* involves the risk of serious injury and am participating with free will and understanding of the risks involved.

I have read and understood the Training Conditions above:

Do you suffer from any medical condition/s? YES/NO. If YES, please indicate:

NB: This cover is for an induction period only and is valid for the first induction training session. If you suffer from any medical condition, it is important to ensure that your instructor is aware of these. It is also advisable that ALL applicants (especially over the age of 40) should have a Medical Examination BEFORE commencing into any physical activity related to the Martial-arts.

Updated: 25th April 2014.