



**The Pūdan Syllabus of the
British Wadokai Karate-do Federation
Foundations Established in 1964**

**英国和道会空手道連盟 - 本部道場
Eikoku Wadokai Karate-do Kenmei Honbu Dojo
Chief Instructor Gary E Swift (8th Dan) Hanshi**

'Peace within Mutual Harmony'

Includes All Grading Requirements from 1st Dan to 8th Dan

YUDAN 有段者



KIHON-WAZA 基本技

1. Kette-junzuki
2. Kette-gyakuzuki
3. Kette-junzuki-no-tsukkomi
4. Kette-gyakuzuki-no-tsukkomi
5. Tobikomizuki-jodan
6. Nagashizuki-jodan
7. Mawashigeri-jodan
8. Sokuto-jodan
9. Ushirogeri-chudan
10. Nidangeri-jodan

RENRAKU-WAZA 連絡技

1. Zenshinshite-jodan – Renzuki-chudan – Maegeri-chudan – Mawashigeri-jodan – Ushirogeri-chudan – Uraken-uchi-jodan
 2. Surikomi-jodan – Renzuki-chudan – Surikomi-sokuto-jodan – Ushirogeri-chudan – Gyakuzuki-chudan
 3. Zenshinshite-jodan – Renzuki-chudan – Maegeri-chudan – Nagashizuki-jodan – Gyakuzuki-chudan – Mawashigeri-jodan – Ushirogeri-chudan – Uraken-uchi-jodan
- Not applicable for 4th Dan or over.*

KATA 形

At least three Kata will be selected from the first nine, as Examiner/s choice.

FUTARI DORI 二人取

Not applicable for 4th Dan or over.

HIKKI-SHIKEN 筆記試験

Written test. *Not applicable for 4th Dan or over.*

Please see below for ‘*grade specific*’ additional requirements.

SHODAN 壹段

SANBON-GUMITE 三本組手
All

OHYO-GUMITE 応用組手
Ipponme, Nihonme, Sanbonme, Yonhonme

KIHON-GUMITE 基本組手
Ipponme, Nihonme, Sanbonme, Yonhonme

KATA 形
Bassai, Wanshu

NIDAN 貳段

SANBON-GUMITE 三本組手
All

OHYO-GUMITE 応用組手
Gohonme, Ropponme, Nanahonme, Naponme

KIHON-GUMITE 基本組手
Gohonme, Ropponme, Nanahonme, Naponme

KATA 形
Ni-sei-shi, Rohai

SANDAN 参段

SANBON-GUMITE 三本組手
All

OHYO-GUMITE 応用組手
All

KIHON-GUMITE 基本組手
All

KATA 形
Ji'tte, Ji'han, Ji'in



BRITISH WADOKAI GRADE SYLLABUS
4th Dan to 8th Dan

YODAN 肆段 GODAN 伍段 ROKUDAN 陸段 SHICHIDAN 漆段
HACHIDAN 捌段

SANBON-GUMITE

All

OHYO-GUMITE

All

KIHON-GUMITE

All

KATA

Examiner's choice from the following:

Ku-Shanku, Nai-Hanchi, Seishan, Chinto, Bassai, Wanshu, Ni-sei-shi, Rohai, Ji'tte, Ji'han, Ji'in.

There are no physical gradings past 3rd Dan. However, the extended syllabus has been structured, and *may* be used, for BWK Members who have;

1. Not trained and graded through the ranks of the full British Wadokai Dan Grade Syllabus of 1st Dan to 3rd Dan.
2. Broken membership/licence dates with British Wadokai.

This syllabus is also available to BWK members, who *have* graded through the full syllabus of 1st to 3rd Dan, but who *wish* to pursue a 'physical' grading past 3rd Dan as choice.